

## Inhibitory Effect of Active Substances of Lollyfish (*Holothuria atra*) Against the Development of *Plasmodium falciparum* Based on *In Silico* Study

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### Abstract

The high level of artemisinin resistance as the antimalarial drug makes the active substances found of lollyfish (*Holothuria atra*) become a very useful discovery as a new antimalarial drug. The purpose of this research is to find out the inhibitory effect of the active substances of lollyfish against the development of *Plasmodium falciparum* with *in silico* method. This is a one-shot experimental study research. Based on the test of potentially active substances of lollyfish through PubChem (<https://pubchem.ncbi.nlm.nih.gov/>), there are pyrogallol and catechin that have potential as the antimalarial drug. Pyrogallol, chlorogenic acid, catechin dan ascorbic acid have indirect inhibition to *P. falciparum* Orotidine 5-Monophosphate Decarboxylase (PfOMPDC) through carbon dioxide (CO<sub>2</sub>) and it is visualized by STITCH DB Version 5.0 (<http://stitch.embl.de/>). The binding affinity score of catechin, obtained from molecular docking, is higher than other substances and artemisinin. The Physicochemical and pharmacokinetic activity of the substance was predicted through SWISS ADME (<http://www.swissadme.ch/index.php>), while the toxicity was predicted through Pro-Tox ([http://tox.charite.de/prottox\\_II/](http://tox.charite.de/prottox_II/)). Catechin is a substance in lollyfish that is the safest because its lowest toxicity and very effective to be used as the antimalarial drug because of its high lethal dose 50 (LD50). Therefore, active substances in lollyfish have inhibitory effects against the development of *P. falciparum* based on *in silico* study.

**Keywords:** *in silico*, lollyfish, malaria, PfOMPDC

### Introduction

Malaria disease causes health problems in the world. Malaria is caused by a *Plasmodium* parasite that can live and develop in human red blood cells and transmitted by female *Anopheles* mosquito's bite. The high mortality rate of infant, toddler, and pregnant women and low productivity level of infected person are some of the problems caused by malaria (Putra, 2011). In 2018, there was 228.000.000 cases of malaria disease that was reported by all countries with 405.000 global deaths. The biggest case of malaria was reported from Africa with 213.000.000 cases or 93% from all cases in the world and followed by Southeast Asia with 3.4% from all cases in the world (WHO, 2019). *P. falciparum* as the most dangerous species of *Plasmodium* can cause severe manifestations such as severe anemia, metabolic acidosis, multiorgan failure, cerebral malaria, and coma that is leading to death (Maier et al., 2019).

Based on the World Health Organization guidelines, malaria infection should be treated with artemisinin-based combination (ACT) therapies. Antimalarial drug resistance had been found in many cases and it has been a serious health issue for

more than 5 decades. In an area with a high level of resistance, ACT as the first-line treatment for malaria. It also has a risk to be resistant (Fairhurst and Dondorp, 2016). In 2014, the molecular resistance marker against artemisinin was identified. Mutation in the receptor of the parasite was found to be related to delay clearance of the parasite *in vitro* and *in vivo* experiments (WHO, 2017).

Therefore, alternative treatment is needed to overcome antimalarial drug resistance by exploring natural resources, one of them, is lollyfish (*Holothuria atra*). *H. atra* has been known to have several active substances, such as chlorogenic acid, pyrogallol, rutin, coumaric acid, catechin, ascorbic acid, and artemisinin (Pangestuti and Arifin, 2018).

*P. falciparum* has an enzyme named *Plasmodium falciparum* orotidine 5'-monophosphate decarboxylase (PfOMPDC), that facilitates the pyrimidine synthesis pathway (Krungkrai and Krungkrai, 2016). Derivates of pyrimidine have an important role as the nitrogen base in deoxyribonucleic acid (DNA) and ribonucleic acid (RNA). Different from human cells, the malaria parasite can not fulfill its need for pyrimidine from

extracellular but depends on nucleotide synthesized through the biosynthesis *de novo* pathway (Krungkrai and Krungkrai, 2016). In this research, PfOMPDC is chosen for its important role in the malaria parasite's development process. If PfOMPDC can be inhibited, the development rate of the parasite will slow down. Therefore, PfOMPDC can be a candidate of the new antimalarial drug. Moreover, there is not much research that explains about inhibition of PfOMPDC and its reaction with antimalarial drugs.

*In silico* method could be used to discover the interactions among active substances with PfOMPDC up to the molecular level. *In silico* is a first step to find drugs candidate before *in vitro* or *in vivo* experiments (Wadood *et al.*, 2013). The objective of this research was to prove the inhibition effect of active substances of *H. atra* against the development of *P. falciparum*.

## Materials and Methods

This research was using the one-shot experimental study type with *in silico* as the method and was done in Laboratorium Biomolekuler & Bioinformatika INBIO Lowokwaru, Malang, East Java, Indonesia from March until June 2020. The independent variable was the active substances in *H. atra*, the dependent variable was the development of *P. falciparum*.

### Protein structure and ligand

Active substances from *H. atra* was obtained from the database of PubChem (<https://pubchem.ncbi.nlm.nih.gov/>). The three-dimension structure of PfOMPDC is obtained through the database of Laboratorium INBIO or from Research Collaboratory for Structural Bioinformatics Protein Data Bank (RSCB PDB) (<https://www.rcsb.org/>) (Zardecki *et al.*, 2016).

### Potential prediction of the substances

The substances from *H. atra* were analyzed for their potential using WAY2DRUG PASS prediction (<http://pharmaexpert.ru/PASSonline/index.php>). The probability to be active (Pa) was a number that described the potential of a tested substance. Pa was obtained by comparing the structure of substances with a substance that was proven as antimalarial. A substance was predicted to have a high potential as antiprotozoal (*Plasmodium*) if the Pa score was more than 0.7 and a substance was predicted to has the potential as antiprotozoal if the Pa score was between 0.3 and 0.7 (Filimonov *et al.*, 2018).

### Prediction of the pathway

The analysis of the interactions between the substances and protein target was obtained from STITCH DB Version 5.0 (<http://stitch.embl.de/>) with *P. falciparum* as the organism model with medium confident (0.4) until 50 predictions of interaction (Szkrlarczyk *et al.*, 2016).

### Molecular docking

Prediction of the interaction strength between receptor and ligand, based on their binding affinity can be obtained through docking. Stronger interaction was indicated by more negative scores. If the score of the tested substance was near to the control score, it could be predicted that the substance had an antagonist activity to the target protein. The protein target of this docking was the crystal structure of *Plasmodium falciparum* OMP Decarboxylase in complex with inhibitor 4-(2-hydroxy-4-methoxyphenyl)-4-oxobutanoic acid (HMOA) (PDB ID 3VI2 Chain A). The result of molecular docking was visualized by PyMol 2.3.1. The interaction of amino acid was obtained through LigPlot 2.1. Docking was specifically done by imitating the interaction of orotidine 5'-monophosphate (OMP) with a control inhibitor (Meng *et al.*, 2012). Grid box docking was as follows:

1. receptor = omp.pdbqt
2. exhaustiveness = 8
3. num\_modes = 9
4. center\_x = 21.7476516009
5. center\_y = 34.5747086973
6. center\_z = 13.3276803454
7. size\_x = 15.6889492817
8. size\_y = 12.5325716884
9. size\_z = 12.4958716912
10. cpu = 7

### Prediction of absorption, distribution, metabolism, and excretion (ADME)

Physicochemical and pharmacokinetic of a substance that has the potential to be a drug can be found through absorption, distribution, metabolism, and excretion (ADME) analysis by using SWISS ADME (<http://www.swissadme.ch/index.php>) (Daina *et al.*, 2017). To observe the result, Lipinski's rule of 5 was used. The following was Lipinski's rule of 5: Less than equal to 5 hydrogen bond donors (total bond of nitrogen-hydrogen, oxygen-hydrogen); less than equal to 10 hydrogen bond acceptors (all nitrogen atom or oxygen); molecular weight is less than 500 dalton (Benet *et al.*, 2016).

Blood-brain barrier (BBB) analysis was used to predict whether a substance can penetrate the blood-brain barrier. Estimation of absorbed

substance was predicted through the human intestinal absorption (HIA) score. A higher HIA score indicated a more absorbed substance.

### Prediction of toxicity

The prediction of toxicity was obtained from Pro-Tox ([http://tox.charite.de/prottox\\_II/](http://tox.charite.de/prottox_II/)) (Banerjee et al., 2018). The parameter in toxicity test as follows:

1. LD<sub>50</sub> (mg.kg<sup>-1</sup> wt) was a median of a lethal dose, which means a dose where 50% of the tested subject died because of the substance exposure. Toxicity class:
  - a. Class I : fatal if swallowed (LD<sub>50</sub> ≤ 5)
  - b. Class II : fatal if swallowed (5 < LD<sub>50</sub> ≤ 50)
  - c. Class III : toxic if swallowed (50 < LD<sub>50</sub> ≤ 300)
2. The toxicity level referred to the globally harmonized system (GHS) (Erhirhie et al., 2018).

## Result and Discussion

### Active substances in *H. atra* and its potential prediction

The active substances in *H. atra* consisted of chlorogenic acid, pyrogallol, rutin, coumaric acid, catechin, and ascorbic acid (Table 1). Pyrogallol (Pa 0.252) and catechin (Pa 0.284) had the potential to be antiprotozoal although the Pa score was not higher than artemisinin (Pa 0.954). The potential to be antiprotozoal for coumaric acid, ascorbic acid, and chlorogenic acid were not found. All of the substances showed in Table 1 had potential as antiparasitic.

There was no previous research on pyrogallol as antimalarial and antiparasitic, but Li and Wang (2015) showed that pyrogallol was formed from hydrolysis of tannin to gallic acid then to pyrogallol. Lutgen's research showed that tannin binded to a special protein in *P. falciparum* and caused morphological changes, physiology, and function of the host's cells which interrupted the development of the parasite. Tannin can reduce the motility of *Pseudomonas aeruginosa* and lowering the population of protozoa in the stomach of ruminant animals (Lutgen, 2018). Gallic acid also had an antimalarial activity for its interaction with dihydrofolate reductase (DHFR) enzyme in *P. falciparum* and inhibited that enzyme based on docking visualization with *in silico* (Arsianti et al., 2017). This was conformable with the result of the prediction of pyrogallol in Table 1.

Catechin from *Garcinia celebica* leaf can inhibit the development of *P. falciparum* in trophozoite and schizont phase through oxidative stress induction mechanism (Abdulah et al., 2017). Catechin also acted as antiparasitic and it was proven that catechin can inhibit the development of *Entamoeba histolytica* and *Giardia intestinalis* in certain levels (Al-Jaber et al., 2010). This was conformable with the test result in Table 1 with catechin's Pa 0.284 as antimalaria and Pa 0.191 as antiparasitic even though not as high as Pa of artemisinin.

Overall prediction result of substance potential from *H. atra* stated that *H. atra* had an activity as antimalarial and antiparasitic for *Plasmodium* specifically although the Pa score was not as high as artemisinin.

### Prediction of active substances pathway against PfOMPDC

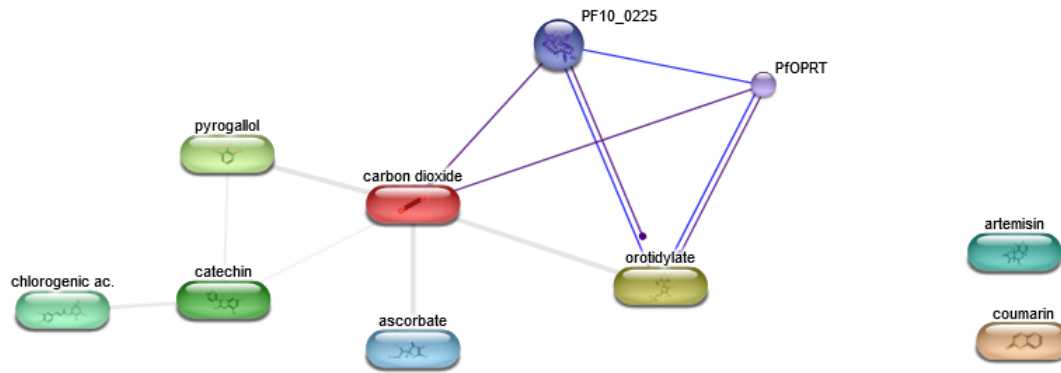
Visualization by STITCH DB of the interaction between substances and PfOMPDC was presented in Figure 1 and 2. There was no direct interaction between active substances and PfOMPDC, but there were indirect interactions between pyrogallol, catechin, and ascorbic acid with PfOMPDC through CO<sub>2</sub>. Chlorogenic acid should become catechin first before having an indirect interaction with PfOMPDC. There were indirect and direct interactions between OMP with PfOMPDC. The OMP and PfOMPDC interacted indirectly through CO<sub>2</sub>. Artemisinin and coumaric acid did not have direct or indirect interaction with PfOMPDC.

Biosynthesis *de novo* of pyrimidine nucleotide needed an amide group from glutamine, carbon, and the amino acid group from aspartate. A group of α-carboxyl carbon from aspartate will be released as CO<sub>2</sub> (Stipanuk and Caudill, 2012). The release of CO<sub>2</sub> will stabilize decarboxylation which catalyzed by OMPDC and reused for the next biosynthesis *de novo* of pyrimidine nucleotide (Richard et al., 2018).

There are no previous research on interaction and reaction between pyrogallol, chlorogenic acid, catechin, and coumaric acid with PfOMPDC. Pyrogallol, chlorogenic acid, catechin, and coumaric acid were included in the phenol group (Lima et al., 2016). The increasing rate of CO<sub>2</sub> will accelerate the reduction of Fe<sup>3+</sup> through phenolic compounds which was very crucial to fulfilling the cell needs of Fe<sup>2+</sup>. The phenolic compound can be advantageous for human healthy cells and can be an inhibitor for the development of the parasite inside human cells because both PfOMPDC and phenolic compounds need CO<sub>2</sub> to work on their pathway.

**Table 1.** Substance potential as antiprotozoal and antiparasitic using WAY2DRUG PASS

| Substance        | Antiprotozoal ( <i>Plasmodium</i> ) (Pa) | Antiparasitic (Pa) |
|------------------|--|--------------------|
| Coumaric acid    | Not found                                | 0.466              |
| Artemisinin      | 0.954                                    | 0.857              |
| Pyrogallol       | 0.252                                    | 0.329              |
| Catechin         | 0.284                                    | 0.191              |
| Ascorbic Acid    | Not found                                | 0.306              |
| Chlorogenic Acid | Not found                                | 0.410              |



**Figure 1.** Pathway prediction of active substances in *Holothuria atra* against *PfOMPDC*

**Table 2.** Information for pathway prediction of active substances in *Holothuria atra* against *PfOMPDC*

| Input           | Information  |
|-----------------|--|
| Carbon dioxide  | A colorless, odorless gas that can be formed by the body and is necessary for the respiration cycle of plants and animals. (44.0 g.mol <sup>-1</sup> )   |
| Coumarin        | Coumarin (2H-chromen-2-one) is a fragrant organic chemical compound in the benzopyrone chemical class, which is a colorless crystalline substance in its standard state. It is a natural substance found in many plants. (146.1 g.mol <sup>-1</sup> )  |
| Orotidylate     | Orotidine 5'-monophosphate (OMP), also known as orotidylic acid, is a pyrimidine nucleotide which is the last intermediate in the biosynthesis of uridine monophosphate. OMP is formed from orotate and phosphoribosyl pyrophosphate by the enzyme Orotate phosphoribosyl transferase. (368.2 g.mol <sup>-1</sup> )  |
| Pyrogallol      | A trihydroxybenzene or dihydroxy phenol that can be prepared by heating gallic acid. (126.1 g.mol <sup>-1</sup> )  |
| Catechin        | Catechin is a flavan-3-ol, a type of natural phenol and antioxidant. It is a plant secondary metabolite. It belongs to the group of flavan-3-ols (or simply flavanols), part of the chemical family of flavonoids. (290.3 g.mol <sup>-1</sup> )  |
| Chlorogenic ac. | Chlorogenic acid (354.3 g.mol <sup>-1</sup> )  |
| Artemisin       | Artemisia (262.3 g.mol <sup>-1</sup> )   |
| Ascorbate       | A six-carbon compound related to glucose. It is found naturally in citrus fruits and many vegetables. Ascorbic acid is an essential nutrient in human diets, and necessary to maintain connective tissue and bone. Its biologically active form, vitamin C, functions as a reducing agent and coenzyme in several metabolic pathways. Vitamin C is considered an antioxidant. [PubChem] (214.2 g.mol <sup>-1</sup> ) |
| PF10_0225       | Orotidine 5'-phosphate decarboxylase (323 aa)  |
| PfOPRT          | Orotate phosphoribosyl transferase (281aa)   |

Current Organism: *Plasmodium falciparum*

NCBI taxonomy Id: 5833

Other names: *Laverania*, *P. (Laverania)*, *P. falciparum*, *Plasmodium (Laverania)*, *Plasmodium (Laverania) falciparum*, *Plasmodium falciparum*, *malaria parasite P. falciparum*

Ascorbic acid has an interaction with *Pf*OMPDC indirectly through CO<sub>2</sub>. Increasing CO<sub>2</sub> will speed up the biosynthesis of ascorbic acid and pathway of gen regeneration (Muthusamy et al., 2019). Through this mechanism, ascorbic acid and *Pf*OMPDC will compete for their needs of CO<sub>2</sub>.

The molecular docking was done to know the binding affinity for each substance with *Pf*OMPDC. The more negative binding affinity score indicated stronger interaction. The target of this molecular docking was the crystal structure complex of *Pf*OMPDC with HMOA as the control inhibitor. In Table 3, chlorogenic acid had the strongest affinity (most negative score) to *Pf*OMPDC, followed by catechin, artemisinin, and control. Coumaric acid and pyrogallol had the weakest affinity towards *Pf*OMPDC.

Based on Table 4, catechin had three hydrophobic bonds and three hydrogen bonds in amino acid residue that was the same with control. If the result from LigPlot (Table 4) merged with binding affinity score (Table 3), the substance that had the best interaction with *Pf*OMPDC is catechin.

There was no interaction between artemisinin and coumaric acid with *Pf*OMPDC in STITCH DB visualization but there was in molecular docking that can be seen in Figure 3 and Figure 4, it is because STITCH DB is only for prediction and the result is also based on previous researches (Szklarczyk et al., 2016).

### Prediction of Absorption, Distribution, Metabolism, and Excretion (ADME)

ADME of each substance was showed in Table 5, each substance in the table met the criteria of Lipinski. Catechin was the safest substance in *H. atra* because of its high score of water solubility, Gastro-Intestinal (GI) absorption, and bioavailability. Coumaric acid was water-soluble, its GI absorption and bioavailability score are high too. Pyrogallol and ascorbic acid are very water-soluble, its GI absorption and bioavailability score are high. Chlorogenic acid is very water-soluble but its GI absorption and bioavailability score are low, it makes chlorogenic acid is less suitable to be used as a drug. Coumaric acid and pyrogallol are permeable to BBB, therefore, the two substances have the potential to cure cerebral malaria (Nishanth and Schlüter, 2019).

### Prediction of toxicity

The more potent or toxic the substance, lower the LD50 and smaller the dose needed to cause death. The best substance in *H. atra* to inhibit *Pf*OMPDC was catechin with LD50 10.000 mg.kg<sup>-1</sup> wt and the toxicity class is 6 (the safest class). Catechin is safer than artemisinin with LD50 4.228 mg.kg<sup>-1</sup> wt and toxicity class 5. The following is chlorogenic acid with LD50 5.000 mg.kg<sup>-1</sup> wt with toxicity class 5, next is ascorbic acid with LD50 3.367 mg.kg<sup>-1</sup> wt and toxicity class 5. Coumaric acid has LD50 2.850 mg.kg<sup>-1</sup> wt with toxicity class 5 and

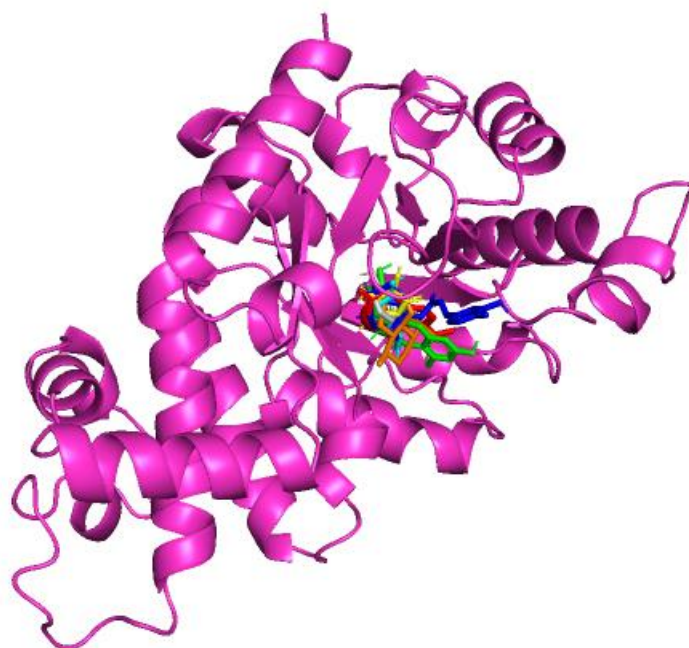
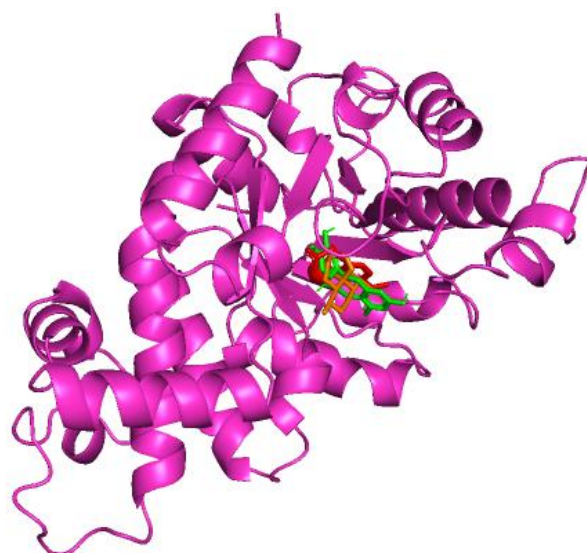


Figure 3. Visualization from docking result of OMP-ligand (color indicator is in Table 3)

**Table 3.** Molecular docking result between PfOMPDC and ligand

| Substance        | Binding affinity score(kcal.mol <sup>-1</sup> ) | Color visualization |
|------------------|---|---------------------|
| Coumaric acid    | -5.3  | Cyan                |
| Artemisinin      | -7.3  | Orange              |
| Pyrogallol       | -5.3  | Grey                |
| Catechin         | -7.4  | Green               |
| Ascorbic acid    | -5.9  | Yellow              |
| Chlorogenic acid | -7.6  | Blue                |
| Kontrol          | -6.2  | Red                 |



**Figure 4.** Visualization from best docking result of OMP-ligand (color indicator is in Table 3)

**Table 4.** Visualization of OMP LigPlot docking

| Substance | Hydrophobic bond                          | Hydrogen bond  |
|-----------|---|--|
| Control   | THR195 PRO264 GLY293 ILE266 GLN269        | LYS138 LYS102 ASN291 GLY265 ALA268 ARG294              |
| Catechin  | <b>THR195 GLY265 ARG294</b> ILE292 GLY293 | <b>LYS138 ASN291</b> ILE206 ASP23 <b>LYS102</b> ASN104 |

Information: **bold** datas above indicate the same amino acid residue from control and ligand

**Table 5.** ADME result by SWISS ADME

|                         | Coumaric acid               | Pyrogallol                 | Artemisinin                | Catechin                   | Ascorbic acid              | Chlorogenic acid           |
|-------------------------|-----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| Molecular weight        | 164.16 g. mol <sup>-1</sup> | 126.11 g.mol <sup>-1</sup> | 282.33 g.mol <sup>-1</sup> | 290.27 g.mol <sup>-1</sup> | 176.12 g.mol <sup>-1</sup> | 354.31 g.mol <sup>-1</sup> |
| Hydrogen Bond Acceptors | 3                           | 3                          | 5                          | 6                          | 6                          | 9                          |
| Hydrogen Bond Donors    | 0                           | 0                          | 0                          | 0                          | 0                          | 0                          |
| Atoms                   | 12                          | 9                          | 20                         | 21                         | 12                         | 25                         |
| Water solubility        | Soluble                     | Very soluble               | Soluble                    | Soluble                    | Very soluble               | Very soluble               |
| GI Absorption           | High                        | High                       | High                       | High                       | High                       | Low                        |
| BBB permeant            | +                           | +                          | +                          | -                          | -                          | -                          |
| Bioavailability         | 0.56                        | 0.55                       | 0.55                       | 0.55                       | 0.56                       | 0.11                       |

Lipinski's rule of 5:

1. Less than equal to 5 hydrogen bond donors (total bond of nitrogen-hydrogen, oxygen-hydrogen)
2. Less than equal to 10 hydrogen bond acceptors (all nitrogen atom or oxygen)
3. Molecular weight is less than 500 dalton.

**Table 6.** Toxicity prediction by Pro-Tox

|   | Coumaric acid | Pyrogallol | Artemisinin | Catechin | Ascorbic acid | Chlorogenic acid |
|---|---------------|------------|-------------|----------|---------------|------------------|
| Prediction of LD50 (mg.kg <sup>-1</sup> wt) | 2.850         | 300        | 4.228       | 10.000   | 3.367         | 5.000            |
| Prediction of toxicity (class)              | 5             | 3          | 5           | 6        | 5             | 5                |

pyrogallol has very low LD50 that is 300 mg.kg<sup>-1</sup> wt and the toxicity class is 3. This makes pyrogallol become the most toxic substance from all other substances in *H. atra* (Raj et al., 2013).

### Conclusion

There were two substances in *H. atra* i.e. pyrogallol and catechin that had the potential as antimalarial. Pathway prediction of the substances stated that there was indirect inhibition between pyrogallol, chlorogenic acid, catechin, and ascorbic acid with PfOMPDC through CO<sub>2</sub>. The binding affinity score of catechin and chlorogenic acid were higher than other substance even artemisinin too but catechin was the only substance that had similarity in amino acid residue with the control (as seen in Table 4). Catechin was the safest substance based on ADME and toxicity prediction. Therefore, active substances in lollyfish (*H. atra*) had inhibitory effects against the development of *P. falciparum* based on *in silico* study.

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