Tabel 1. Tabel Karakteristik

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| **Variabel** | **Total (n=46)** | | **Kontrol (n=23)** | **Intervensi (n=23)** |
| **Jenis Kelamin,**  n (%) |  |  | |  |
| Laki-laki | 15 (32,6) | 7 (30,4) | | 8 (34,8) |
| Perempuan | 31 (67,4) | 16 (69,6) | | 15 (65,2) |
| **Usia,** Rerata ± SD |  |  | |  |
|  |  | 46,3 ± 8,2 | | 44,3 ± 11,6 |
| **Jenis Operasi,** n (%) |  |  | |  |
| Digestif | 29 (63) | 15 (65,2) | | 14 (60,9) |
| Kolorektal | 14 |  | |  |
| *Common Bile duct* | 8 |  | |  |
| *Gastrectomy* | 4 |  | |  |
| Tumor intraabdomen | 3 |  | |  |
| Ginekologi | 17 (37) | 8 (34,8) | | 9 (39,1) |
| *Laparotomy surgical staging* | 13 |  | |  |
| *Total Abdominal Histerectomy* | 4 |  | |  |
| **PS ASA,** n (%) |  |  | |  |
| 1 | 8 (17,4) | 5 (21,7) | | 3 (13) |
| 2 | 26 (56,5) | 14 (60,9) | | 12 (52,2) |
| 3 | 12 (26,1) | 4 (17,4) | | 8 (34,8) |

Tabel 2. Perbandingan luaran ERAS dan Konvensional

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|  | **Perlakuan** | | **95%CI** | **P value\*** |
| **kontrol** | **Intervensi** |
| **PONV** | 0,8 ± 0,7 | 0,2 ± 0,4 | -4,59  (-0,82 to -0,31) | 0,001 |
| **VAS** | 2,5 ± 0,8 | 1,9 ± 0,7 | -2,26  (-1,08 to -0,04) | 0,034 |
| **Waktu flatus**(jam) | 27,36 ± 12,99 | 18,72 ± 5,12 | -2,29  (-14,97 to -2,29) | 0,10 |
| **Waktu Mobilisasi** (jam) |  |  |  |  |
| *Sitting in bedside* | 38,91± 16,53 | 26,17± 4,05 | -3,71  (-19,85 to -5,62) | 0,01 |
| ***Length of Stay*** (hari) | 10,5 ± 3,6 | 7,25 ± 2,2 | -4,25  (-118,24 to -40,8) | 0.0001 |