

February 15th 2024

To:
Ahmad Syauqy, S.Gz., M.P.H., Ph.D.
Editor-in-Chief of the Indonesian Journal of Nutrition

Dear Editorial Team of the Indonesian Journal of Nutrition,

Please find enclosed the file of our original manuscript entitled "**Improving nutrient intake through interactive nutrition education for post-stroke survivors and their families: a lesson-learned from community service**", for consideration for publication in the Indonesian Journal of Nutrition. This study highlights the improvements of nutrition literacy, intake, and nutritional status among post stroke survivor's after being given interactive nutrition education. The aims of this study to (1) increase knowledge on nutrition management for post-stroke survivors, family, and caregivers; (2) increase nutrient intake as well as improve nutritional status of post-stroke survivors.

To the best of our knowledge, management on stroke and post-stroke are important for family and caregivers. Nutrition knowledge reinforcement as a part of family-centered holistic nutrition care will be beneficial for the survivors, family as well as caregivers to maintain their nutritional status and improve quality of life. Therefore, interactive nutrition education was conducted to accommodate the needs of nutrition literacy improvement to enhance quality of life among post-stroke survivors. By submitting the manuscript to the Indonesian Journal of Nutrition, we, the authors, understand that the material presented in this paper has not been published before nor has it been submitted for publication to another scientific journal or being considered for publication elsewhere. I attest that this work has been approved by all co-authors.

The authors also confirm that the protocol for the research project has been approved by Medical and Research Ethics Committee of the Universitas Gadjah Mada, Yogyakarta, Indonesia, and it conforms to the provisions of the Declaration of Helsinki in 1995 (as revised in Edinburgh 2000). Ethical approval was granted by the research ethics committee institutions from The Medical and Health Research Ethics Committee of Faculty of Medicine Gadjah Mada University.

Last but not least, hopefully the reviewing process finds the manuscript acceptable for publication in the journal.

Sincerely Yours,
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