

## Cholesterol Assimilation of *Saccharomyces cerevisiae* B-18 isolated from gastrointestinal tract of Javanese duck

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### ABSTRAK

Penelitian ini bertujuan untuk mengetahui khamir yang berpotensi dalam mengasimilasi kolesterol dan mengetahui aktivitas enzim *Bile Salt Hydrolase* (BSH) secara *in vitro* menggunakan media *Chloramphenicol Yeast Glucose* (CYG) yang disuplementasi  $\text{CaCl}_2$  dan *Taurodeoxycholic Acid* (TDCA). Isolat khamir dikoleksi dari saluran pencernaan ayam kampung asli Indonesia (*Gallus javanicus*), bebek (*Anas javanicus*), dan mentok (*Anas moschata*). Uji *Bile Salt Hydrolase* (BSH) dilakukan untuk mengetahui adanya sekresi BSH dari strain khamir untuk mengkonjugasi garam empedu menjadi asam kolik bebas dengan cara mengukur zona presipitasi pada medium spesifik. Pengukuran kemampuan mengasimilasi kolesterol secara kuantitatif menggunakan media CYG *broth* mengandung kolesterol terlarut (500 ppm) dan diinkubasi pada suhu 30°C selama 72 jam. Kandungan kolesterol pada supernatan dianalisis menggunakan *microplate reader*. Analisis data menggunakan Rancangan Acak Lengkap (RAL) pola searah. Zona presipitasi yang terbentuk tidak berbeda nyata antar isolat khamir ( $P>0,05$ ). Isolat B-18 yang diisolasi dari bebek menghasilkan persentase tertinggi kolesterol terasimilasi (51,83%) dan isolat tersebut teridentifikasi sebagai *S. accharomyces cerevisiae* (*S. cerevisiae*). Berdasarkan analisis pohon filogeni, isolat B-18 memiliki hubungan kekerabatan dengan *S. cerevisiae* mt 21s (nomor aksesori X00149.1). Dari hasil tersebut dapat disimpulkan bahwa *S. cerevisiae* B-18 berpotensi mengasimilasi kolesterol secara *in vitro*.

*Kata kunci:* khamir, bile salt hydrolase (BSH), asimilasi, kolesterol, bebek

### ABSTRACT

This study had a purpose of obtaining potential indigenous yeasts for assimilating cholesterol and assessed the *in vitro* activity of *Bile Salt Hydrolase* (BSH) using *Chloramphenicol Yeast Glucose* (CYG) media supplemented  $\text{CaCl}_2$  and *Taurodeoxycholic Acid* (TDCA). Yeasts were collected from the gastrointestinal tract of Indonesian native chicken (*Gallus javanicus*), Javanese duck (*Anas javanicus*), and Muscovy duck (*Anas moschata*). The BSH assay was performed to determine secretion of BSH from yeast strain to conjugate bile salts into cholic acid-free by measuring precipitation zone in a specific medium. The quantitative measurement to assimilate cholesterol in yeast using CYG *broth* contained soluble cholesterol (500 ppm) and incubated at 30°C for 72 hours. Microplate reader used to analyze cholesterol content in the supernatant. Data were analyzed using Analysis of Variance (ANOVA) with one way completely randomized. Precipitation zone found among isolates did not significantly different ( $P>0.05$ ). Isolate B-18 from Javanese duck performed the highest percentage of assimilating cholesterol with the value of 51.83% and identified as *S. cerevisiae*. This isolate was closely related to *S. cerevisiae* mt 21s (accession number X00149.1) based on phylogenetic tree analysis. It could be

concluded that *S. cerevisiae* B-18 was potential for assimilating cholesterol *in vitro*.

*Keywords:* yeast, bile salt hydrolase (BSH), assimilation, cholesterol, Javanese duck

## INTRODUCTION

Broiler chicken meat demands in a community are a lot because of fine texture and soft but between the rough fibers of meat is easy to accumulate fat. Wang *et al.* (2009) record 20% carcass fat in contemporary chickens. Choe *et al.* (2010) reported that crude fat in thigh meat of Korean native chicken was lower (2.53%) than commercial broiler (4.74%). The fat and cholesterol content in thigh meat of two indigenous Thai strains Black-Boned's meat and Thai native's meat were lower than the imported breed, Rhode Island Red (Jaturashita *et al.*, 2008). Lawrie (1998) reported that pursued in selection for growth and fat retention with associated to increase of deposition cholesterol might be the reasons for lower contents of cholesterol and fat meat on two indigenous Thai. Cholesterol levels in broiler chickens are highly accumulated in blood. Broiler chickens contain meat cholesterol and abdominal fat content around 2.56% with the highest content in skinless meat ranging between 133-202 mg/100 g, whole meat around 261-407 mg/100g, while the cholesterol content in the native chicken breast was 177.47 mg/100g, and thighs was 187.95 mg/100 g (Ismoyowati and Widiyastuti, 2003). Due to the high cholesterol content in meat, the importance of functional natural materials in poultry diets has increased attention in recent years. Probiotic is one of a natural feed additive used for this purpose.

Probiotic was defined as live microorganisms that confer a health status on the host when given in adequate amounts (FAO/WHO, 2002) such as yeast, some *S. cerevisiae* strains and *S. boulardii* (Tomičić *et al.*, 2016). Cholesterol assimilation of probiotic yeasts had been a focus of several researchers in recent years (Psomas *et al.*, 2003; Chen *et al.*, 2010). Several studies reported that yeasts could eliminate cholesterol *in vitro*. Several yeasts have been investigating for their potential to assimilate cholesterol excluding for *Saccharomyces cerevisiae*, *Pichia kudriavzevii*, and *Kluyveromyces lactis* (Psomas *et al.*, 2003). Afriani (2003) reported that cholesterol content in broilers meat with addition probiotic *Bacillus sp.* (83.83 mg/100 mL plasma) or *S. cerevisiae* (82.50

mg/100 mL plasma) was lower than control that received antibiotics (109.33 mg/100 mL plasma). According to Chen *et al.* (2010), some potential probiotics isolated from cow raw milk such as *P. kudriavzevii* BY10, *P. kudriavzevii* BY15, *P. fermentans* BY5, and *Yarrowia lipolytica* HY4 had an ability for assimilating cholesterol in the human intestine after 72 hours of incubation.

This study was conducted to obtain potential indigenous yeasts isolated from the gastrointestinal tract of poultry as the potential probiotic for assimilating cholesterol with *in vitro* assay and Bile Salt Hydrolase activity.

## MATERIALS AND METHODS

### Isolation and Identification of Yeast

Yeast strains were isolated from the gastrointestinal tract of native Indonesian chicken (*Gallus javanicus*), Javanese duck (*Anas javanicus*), and Muscovy duck (*Anas moschata*) according to Al-Shimmery (2011) method. Small intestine, cecum, and colon were cut, and the contents of lumen were taken and then diluted in NaCl solution (Merck) 0.85% up to 10<sup>5</sup> dilutions. Chloramphenicol Yeast Glucose (CYG) agar media (Oxoid) with pH 6.2 was plated and incubated for 48 h at 30°C with the addition of each serial dilution. Yeast isolates were grown in CYG broth contained 15% glycerol (v/v) and kept in frozen condition (-80°C). Yeast isolate was streaked on CYG agar plate to guarantee purity for any assay.

The identification of selected yeast isolate was performed molecularly based on partial genetic analysis in the ribosomal DNAD1 / D2 Large Sub Units (LSU) region. The analysis was performed with PCR colonies. DNA extraction was done by the boiling method at 98°C. The extracted DNA was amplified using a PCR machine. The procession of 600 bp D1/D2 region LSU rDNA using Go Taq Green Master mix and NL1 primer: 5'-CATATCAATAAGCGGAGGAA AG-3' and NL4 primer: 5'-GTCCGTGT TTCAAGACGG-3' on Ta 55°C optimization for 30 cycles.

The PCR product was purified by the method of PEG precipitation (Arbeli and Fuentes, 2007), then followed with sequencing cycle. The

sequencing cycle results were regrouped by purification method with ethanol. The nitrogen base sequence analysis was examined by an automated DNA sequencer (Applied Biosystems).

The next sequenced trimming and assembling data using the ChromasPro 1.7.5 program. Sequence data (Fasta) that had been assembled in BLAST next to genomic data that registered in DNA Data Bank of Japan/DDBJ (<http://blast.ddbj.nig.ac.jp/>). BLAST results having a molecular level of homologous status determine the name of the taxon/sample species (Kurtzman and Robnett, 1998). Phylogenetic analysis was accomplished by comparing several sequences with high similarity in BLAST result. The statistical method used was Maximum-likelihood. Stability of grouping was measured using 1000 bootstrap replicates. The phylogenetic tree was performed by a MEGA5 program (Cobos *et al.*, 2011).

### Lyophilisation

One-milliliter yeast suspensions were placed in sterile tubes and centrifuged using *Centrifiger*® BL II (Selecta) at 2.600 g for 10 min (Cheong *et al.*, 2008). The yeast cells then washed and centrifuged in 1 mL sterile paper points (PPs). The pellet was dissolved in 1 mL of low-fat milk powder (120 g/L) added with trehalose (70 g/L) (Sigma-Aldrich) in sterile water solution. The suspension of yeast-milk (0.2 mL) then put into sterile cryotubes and lyophilized for 3 h using freeze dryer (-58°C). After drying process, the cryotubes were kept at 4°C.

### Plate Assay of Bile Salts Deconjugation Activity

The deconjugate bile salts activity of yeast was evaluated according to Begley *et al.* (2006) method with modification. Soft CYG agar (pH 5.6; Oxoid) was added with 0.5% sodium salt of Taurodeoxycholic Acid/TDCA (w/v) (Sigma) and 0.37 g/L CaCl<sub>2</sub> (Merck). The assay by being impregnation yeasts around sterilized paper disks (Oxoid) on the CYG agar incubated at 30°C for 72 hours under anaerobic atmosphere condition. The positive BSH activity of yeast isolates was indicated by bile acid precipitation surround the yeast colonies/opaque halo (Sourabh *et al.*, 2015). Results were analyzed by measuring the diameters of precipitation zone. Yeast isolates grown on CYG agar without TDCA and CaCl<sub>2</sub> were used as the negative control. Measurements were repeated three times.

### Cholesterol Assimilation Activity

The capability of yeast strains for cholesterol assimilation in CYG broth was investigated by using water-soluble cholesterol. Cholesterol (C75209, Sigma) in Tween 80 were added to CYG broth at a final concentration 500 ppm. An overnight culture (1%, v/v), was put into CYG-cholesterol solution and incubated at 30°C for 72 h. The culture suspensions then centrifuged at 4000 rpm at 4°C for 10 min and the supernatants contained non-assimilated cholesterol was collected. The viability of yeast was evaluated by Total Plate Count (TPC) methods.

Water-soluble cholesterol was determined by following Gilliland *et al.* (1985) method. One-milliliter absolute ethanol and 500 µL of methanolic potassium hydroxide (33%, w/v) were added to 500 µL samples, mixed for 1 min with vortex and incubated for 15 min at 37°C. One-milliliter of distilled water and 1.5 mL of hexanes were added to the cooling solutions and the vortex mixed was repeated for 1 min. The hexane layer was moved into a clean test tube then evaporated by flowing nitrogen gas at 60°C. One-milliliter ophthalaldehyde (50 mg/dL) in acetic acid was mixed with the dried sample. After incubation for 10 min, the sample was mixed with 250 µL concentrated sulfuric acids (H<sub>2</sub>SO<sub>4</sub>). The sample solution was read at 570 nm to determine the concentration of cholesterol.

Standard cholesterol (99% standard for chromatography; Sigma) were used in the concentration 0, 4, 8, 12, 16, 24, 32, 40, 52, 64, 128, 256 ppm. Cholesterol assimilated by yeast was calculated following the equation (Tomaro-Duchesneau *et al.*, 2014):

$$\text{Cholesterol assimilated (ppm)} = [\text{cholesterol (ppm)}]_{0\text{h}} - [\text{cholesterol (ppm)}]_{72\text{h}} \dots\dots\dots (1)$$

Cholesterol-lowering percentage of yeast was evaluated as follow:

$$\text{Cholesterol assimilated} = [\text{cholesterol assimilated (ppm)}/\text{cholesterol (ppm)}_{0\text{h}}] \times 100\% \dots (2)$$

### Data Analysis

The data of precipitation zone in BSH activity assay and the percentage of assimilating cholesterol *in vitro* were analyzed using Analysis of Variance (ANOVA) with one way completely randomized design and the differences between treatments mean were evaluated with Duncan's Multiple Range Test (Gomez and Gomez, 2007). The statistical analysis was conducted by Costat

(Cohort, 2008).

## RESULT AND DISCUSSION

### Isolation of Yeast from Poultry Gastrointestinal Tract

Isolation result showed that there were 112 of isolates predicted as yeast based on morphological appearance (31 isolates from native chicken, 20 isolates from Javanese duck, and 61 isolates from Muscovy duck). Al-Shimmery (2011) reported that 58 yeast isolated from intestinal tracts birds dominated by *Saccharomyces* (31.03%), followed by *Candida glabrata*, *C. tropicalis*, *C. albicans*, *C. fmata* and *Creptococcus neoformans*. The most commonly isolated species from oral cavity and crop of bird were *Candida albicans* (32.5%), followed by *C. tropicalis*, *Trichosporon asteroides*, *C. famata* and others (Brilhante *et al.*, 2010). Abbas *et al.* (2017) also reported that 100 mycological isolates from systemic infection of dropping birds (pigeon, pet bird, and chicken) were classified into (25%) yeasts and (63%) molds.

Yeast is a single-celled fungal eukaryote. Their ability in fermenting sugars in the lack of oxygen to produce carbon dioxide made the yeast widely used in various industries (Roto *et al.*, 2015). Yeasts generate several metabolites include carotenoids, amino acids, enzymes, vitamin, and some miscellaneous products (Roto *et al.*, 2015).

### Bile Salt Deconjugation Activity

Yeast isolates with a capability to deconjugate bile salts were determined using CYG media supplemented with CaCl<sub>2</sub> and TDCA. The sodium taurodeoxycholate salt acts as a substrate to be conjugated by BSH from yeast while the addition of CaCl<sub>2</sub> ions was intended to optimize the work of the BSH activity. A positive result of deconjugation activity was considered from the formation of opaque halo (precipitated bile acid) around colonies (Lim *et al.*, 2004; Sourabh *et al.*, 2015). Among 112 isolates tested, there were 104 isolates (28 isolates from native chicken, 19 isolates from Javanese duck, and 57 isolates from Muscovy duck) had the precipitation zones (Figure 1). Among 104 isolates, there were 4 isolates with the largest diameter of precipitation zones (Data not shown). Different diameters of precipitation zones with high BSH activity from 4 isolates are presented in Table 1. Data showed that the isolates had a similar diameter of precipitation zones ( $P > 0.05$ ) that

perform BSH activity. The ability of an organism's deconjugation was characterized by the presence of an opaque halo zone surround the colony that occurs caused by the liberate of free bile acids in bile salts deconjugation as reported by Sirilun *et al.* (2010).

Chen *et al.* (2010) stated that almost yeast strains isolated from cow raw milk were able to grow in the bile salt solutions during *in vitro* test. According to Rajkowska *et al.* (2012), *S. cerevisiae* demonstrated high resistance to synthetic bile salts (50% sodium deoxycholate and 50% sodium cholate respectively) as well. According to Das (2016), specific and non-specific defense mechanisms of the gut were ruled by bile salts released into the upper small intestine. Hence, bile salt is essential for the cell membranes of microorganisms made up fatty acids and lipid. The efficacy of its inhibitory effect is mainly determined by bile salt concentration. Bile tolerance was important for allowing a microorganism to survive in the intestinal tract.

The lower BSH activities of some probiotic strains used in this study may be due to low levels of BSH production or differences in enzyme structure. Tanaka *et al.* (2000) reported that the molecular weight and structure of BSH is strain dependent. On this basis, we postulate that the changes observed in BSH activities may be due to differences in the putative active sites of the BSH enzymes. The BSH secretion indicated an early important enzyme in cholesterol-lowering effect. The BSH was able to hydrolyze conjugated bile salt that could precipitate with cholesterol affirm in reducing cholesterol (Liu *et al.*, 2012).

### Cholesterol Assimilation in Media

Top four isolates with the highest precipitation zone diameters were determined for cholesterol assimilation activity. The cholesterol assimilation assay of the yeast isolates was investigated through incubation of 500 ppm soluble cholesterol-Tween 80 in CYG for 72 h at 30°C. Table 2 showed that B-18 isolate produced the highest percentage of cholesterol assimilation (51.83%). The lower cholesterol assimilation ability observed in M-21 and M-22 strains may be due to differences in their cell wall composition that makes them unable to bind cholesterol and as a result from their lower tolerance towards sodium glycocholate and oxgall (Kimoto *et al.*, 2002). *Kluyveromyces marxianus* K1 and M3 produced a high rate of cholesterol-lowering

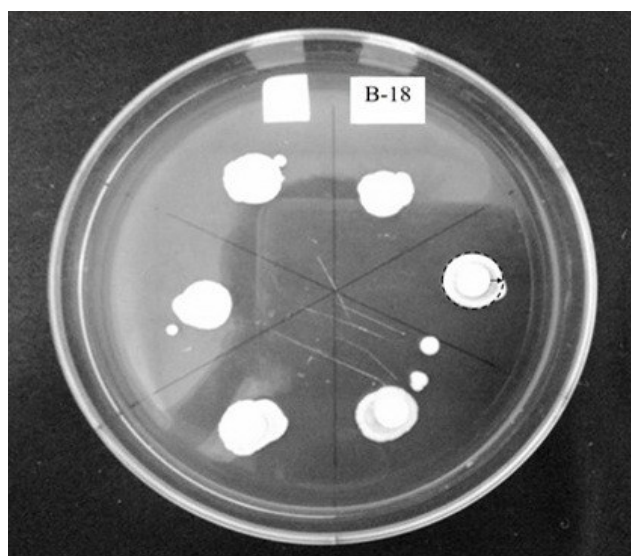


Figure 1. Detection of BSH Activity, *S. cerevisiae* B-18 Grown in CYG Broth (24 h) and Streaked into CYG Agar Supplemented with 0.37 g/L CaCl<sub>2</sub> and 0.5% (w/v) Taurodeoxycholic Acid (TDCA)

Table 1. Diameter Precipitation Zone of Yeast with High BSH Activity

Isolate	Host	Media	
		CYG agar	CYG agar + TDCA
A-26	Native chicken colon	0.41 ± 0.11 <sup>a</sup>	0.46 ± 0.10 <sup>a</sup>
B-18	Javanese duck colon	0.39 ± 0.10 <sup>a</sup>	0.48 ± 0.04 <sup>a</sup>
M-21	Muscovy duck caecum	0.48 ± 0.09 <sup>a</sup>	0.52 ± 0.10 <sup>a</sup>
M-22	Muscovy duck caecum	0.55 ± 0.04 <sup>a</sup>	0.56 ± 0.10 <sup>a</sup>

Average in the same column with similar superscript shown no significant difference ( $P > 0.05$ ). A (native chicken), B (Javanese duck), M (Muscovy duck)

strains, the former rate was 68.14-70.34%, the latter rate was 80.51-99.12% (Liu *et al.*, 2012). Syal and Vohra (2013) reported that yeast isolated from traditional Indian fermented foods were able to assimilate cholesterol (57.13–88.50%) after incubation with cholesterol at 37°C for 48 h.

Psomas *et al.* (2003) reported that two yeast isolated from infant feces (*Isaatchenkia orientalis* KK5.Y.1 and *S. cerevisiae* KK1) and one isolate from Feta cheese (*S. cerevisiae* 832) were able to eliminate cholesterol from the growth medium around 96.8%, 88.1%, and 90.4% respectively after incubation at 37°C for 48 h. The cholesterol-lowering mechanism from the medium could be due to the assimilation of cholesterol into the cell

membranes of yeasts and the linkage of cholesterol to the surface of yeast cells. *S. cerevisiae* strains indicated that yeast could eliminate cholesterol from media supplemented with cholesterol at optimum growth conditions.

Chen *et al.* (2010) also reported that seven yeast strain from 17 yeast strains with BSH activity, that is *Galactomyces* sp. BY1, *P. guilliermondii* BY31P, *P. kudriavzevii* BY10, *P. kudriavzevii* BY15, *P. fermentans* BY5, *Y. lipolytica* HY4, and *Y. lipolytica* HJ10 were potential to assimilate cholesterol from YPD-CHOL broth after 72 h of incubation in the range of 39.8–45.5%. The yeast strains *Y. lipolytica* HY4, *P. kudriavzevii* BY10, *P. kudriavzevii* BY15,

Table 2. Cholesterol Assimilation by Yeast Isolates Grown in CYG Broth and Supplemented with Cholesterol (500 ppm)

Isolate	Cholesterol Assimilation (ppm)	Cholesterol Assimilation (%)
A-26	99.00± 8.50 <sup>b</sup>	23.06±2.80 <sup>b</sup>
B-18	222.50± 5.75 <sup>a</sup>	51.83±1.34 <sup>a</sup>
M-21	77.33±12.85 <sup>bc</sup>	18.02±2.99 <sup>bc</sup>
M-22	72.17±18.06 <sup>c</sup>	16.8 ±4.21 <sup>c</sup>

Note: Average in the same column with different superscript shown a significant difference (P<0.05). A (native chicken), B (Javanese duck), M (Muscovy duck)

and *P. fermentans* BY5 as probiotics were able to assimilate cholesterol in the human intestine.

Saikia *et al.* (2017) described the specific mechanism of cholesterol-lowering by *S. cerevisiae*. The *in vitro* activity of cholesterol-lowering was caused by the acceptance of cholesterol in growing yeast cells. The binding of bile acids by  $\beta$ -glucans in the human intestine were able to eliminate in bile acid pool and improved cholesterol breakdown. Kusmiati and Dhewantara (2016) also revealed that treatment of  $\beta$ -glucan (40 mg) from *S. cerevisiae* culture on rats significantly reduced the total cholesterol levels in liver (92.32%) and blood plasma (63.88%).

The mechanism of cholesterol reduction also known possessed by probiotic lactic acid bacteria (LAB). According to Lee *et al.* (2009) there were several mechanisms of cholesterol reduction by the activity of LAB. The first mechanism was the product of fermentation by LAB could inhibit cholesterol synthesis. The second mechanism was through the removal of bile salts through the feces, where the unconjugated bile salts would not be absorbed by the intestine and are more easily removed. This caused the more cholesterol needed to synthesize bile salts, thereby lowering cholesterol levels. The third mechanism is the ability of the LAB to bind cholesterol to prevent cholesterol absorption back to the liver.

All probiotic bacterial strains possess the varying degree of cholesterol removal capacities from the media through several mechanisms including cholesterol assimilation, cholesterol incorporated into cellular membrane, cholesterol

binding to cells and also bile salt deconjugation. This implies that cholesterol removal is not only by the assimilation mechanism by growing probiotic cells but also by an adhesion mechanism to cell membranes (Miremadi *et al.*, 2014).

#### Identification of Selected Yeast with the Highest Cholesterol Assimilation Activity

Characterization of yeast was based on partial genetic analysis in the ribosomal DNA D1/D2 Large Sub Units (LSU) region to determine the genus and strain. This gene was amplified using NL1 primer: 5'-CATATCAATAAGCGGAGGAAAG-3' and NL4 primer: 5'-GTCCGTGTTTCAAGACGG-3'.

The DNA Data Bank of Japan/DDBJ database revealed species with a high degree of sequence similarity with the colonies that was sequenced and classified based the source of isolation. BLAST homology of 26S rRNA sequences in DDBJ site revealed that B-18 isolate was identified as *S. cerevisiae* with a length of 889 bp in DDBJ had 99% of max identity, 1122 of the max score, 1122 of the total score, 99% of query coverage, and 0.0 of E-value. The yeast was classified in the Kingdom of Fungi, Phylum of Ascomycota, Subphylum of Saccharomycotina, Order of Saccharomycetales, , Family of Saccharomycetaceae, Genus os Saccharomyces and Species of *S. cerevisiae*. Al-Shimmery (2011) reported that 58 yeast isolated from intestinal tracts were dominated by *Saccharomyces* (31.03%).

Phylogenetic analysis of B-18 isolate by nucleotide reference from Gen Bank data in National Center for Biotechnology Information/NCBI is presented in Figure 2. Branch lengths are proportional to genetic distances (Becher *et al.*, 1997). Bootstrap values of over 70% were shown for 1,000 replicate datasets (Coenye and Vandamme, 2003). The tree describes the relationship between nucleotide sequences from the isolate in this study with selected sequences retrieved from the GenBank database. The phylogenetic tree showed that *S. cerevisiae* B-18 isolated from Javanese duck was closely related to *S. cerevisiae* mt 21s (accession number X00149.1) based on the D1/D2 regions. The genera of yeast group other than *Saccharomyces* were *Debaryomyces*, *Pichia*, *Torulopsis*, *Candida*, *Cryptococcus*, *Kluyveromyces*, *Williopsis* and *Zygosaccharomyces* (Hatoum *et al.*, 2012). The genera were seen clumped in phylogenetic trees

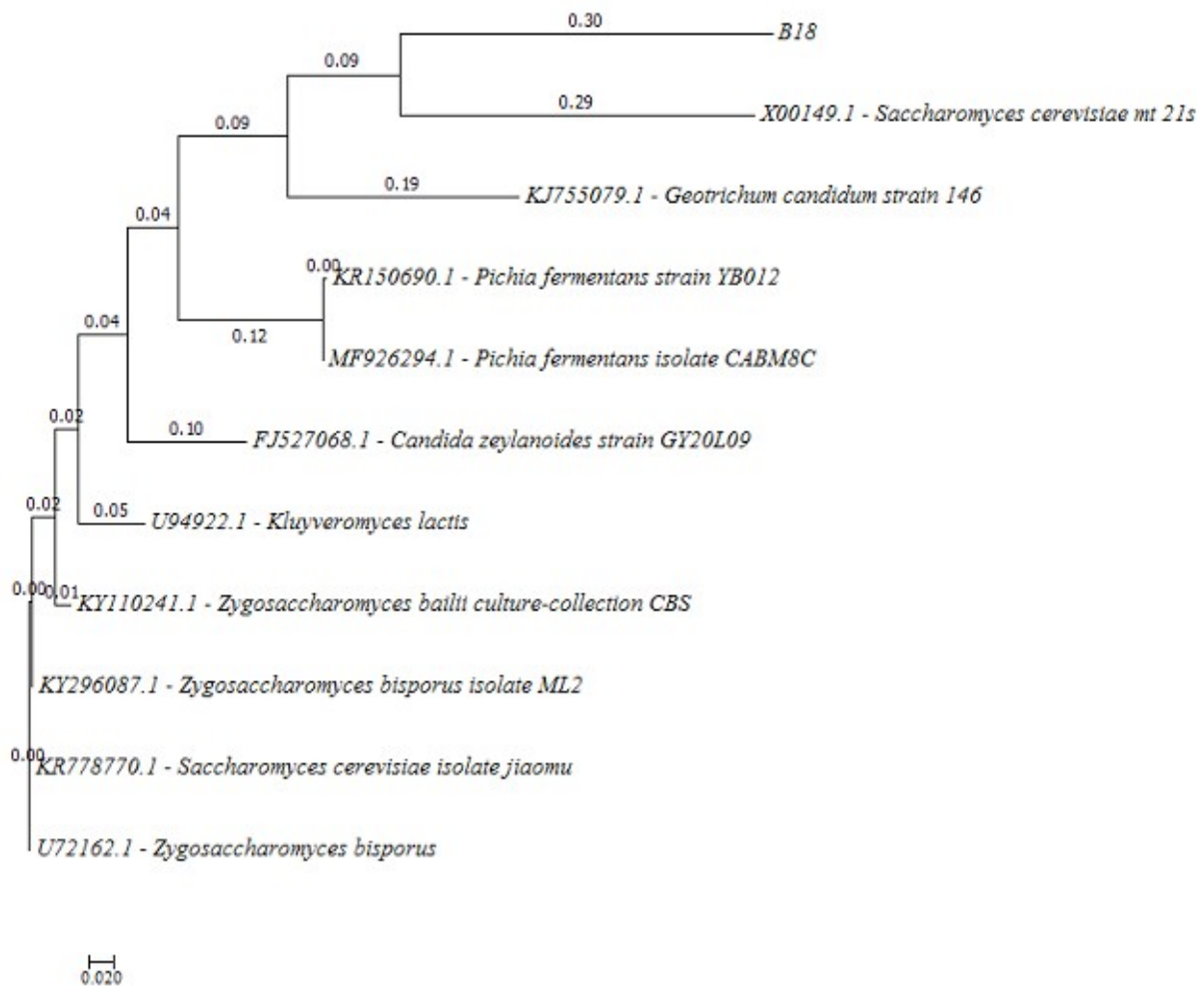


Figure 2. Phylogenetic Tree of B-18 Isolate and Yeast Constructed by a Neighbor-joining Method. The Scale Bar Represents a Sequence Divergence of 2%.

(Figure 2).

*S. cerevisiae* in several studies reportedly found in human and animal gastrointestinal tracts and commonly found in food and fermented products. *S. cerevisiae* S10 with probiotic properties was isolated from chicken feces (Rajkowska and Kunicka-Styczyska, 2010). Five strain of *S. cerevisiae* were isolated from food samples and were showed considerable probiotic properties with survivability through the simulated gastrointestinal tract in the range of 80% < 90 (Pennacchia *et al.*, 2008). Another study showed that *S. cerevisiae* ARDMC1 isolated from traditional rice beer starter had cholesterol reduction capability *in vitro* and *in vivo* on rat

(Saikia *et al.*, 2017). A study by Syal and Vohra (2013), showed that twenty yeast isolates from traditional Indian fermented foods (idli and jalebi batter) were identified as *S. cerevisiae*, *Candida tropicalis*, *Aureobasidium* sp. and *P. manschuria* and could assimilate from 57% up to 88.5% cholesterol. *S. cerevisiae* KK1 isolated from infant feces and *S. cerevisiae* 832 isolated from Feta cheese were have capabilities to assimilate cholesterol (>83.4%) after incubation at 37°C for 24 h (Psomas *et al.*, 2003). *S. cerevisiae* 1R27 isolated from Palm Raffia (*Raffia mambillensis*) Wine indicated cholesterol-lowering properties *in vivo* with the capacity to adhere to epithelial intestine-derived cells, decreased lipidemia (total

cholesterol, triglyceride, and LDL), and increased HDL (Ngongang *et al.*, 2017)

## CONCLUSION

Yeast strain isolated from the gastrointestinal tract of Indonesian native chicken (*Gallus javanicus*), Javanese duck (*Anas javanicus*) and Muscovy duck (*Anas moschata*) had the cholesterol assimilation activity. Yeast B-18 isolated from the colon of Javanese duck was identified as *Saccharomyces cerevisiae* and produced the highest percentage to assimilate cholesterol (51.83%). Phylogenetic tree analysis performed that B-18 isolate was closely related to *Saccharomyces cerevisiae* mt 21s. It could be concluded that *Saccharomyces cerevisiae* B-18 may serve potential isolate for assimilating cholesterol.

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