

Nurse Media

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Articles

- Behavior, Awareness, and Sensitivity of Healthcare Providers in a Multicultural Environment
- Effects of Progressive Muscle Relaxation with Music and Aromatherapy on Decreasing Stress Levels among Teachers
- Antiretroviral Side Effects on Adherence in People Living with HIV/AIDS
- Effects of Yoga Relaxation on Anxiety Levels among Pregnant Women
- A Case of Acute Myocardial Infarction during Chemotherapy of Advanced Rectal Cancer
- Family Experiences of Mental Illness: A Meta-Synthesis
- Work-Related Fatigue Factors among Hospital Nurses: An Integrative Literature Review

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AIMS AND SCOPE

The **Nurse Media Journal of Nursing (NMJN)** is an international nursing journal which publishes scientific works for nurses, academic people and practitioners. NMJN welcomes and invites original and relevant research articles in nursing as well as literature study and case report particularly in nursing.

This journal encompasses original research articles, review articles, and case studies, including:

- Adult nursing
- Emergency nursing
- Gerontological nursing
- Community nursing
- Mental health nursing
- Pediatric nursing
- Maternity nursing
- Nursing leadership and management
- Complementary and Alternative Medicine (CAM) in nursing
- Education in nursing

PUBLICATION INFORMATION

The **Nurse Media Journal of Nursing (NMJN)** is published twice a year every June and December.

For year 2018, 2 issues (Volume 8, Number 1 (June) and Number 2 (December) are scheduled for publication.

The NMJN is published by the Department of Nursing, Faculty of Medicine, Diponegoro University and available at <http://ejournal.undip.ac.id/index.php/medianers>. It has been indexed and abstracted in Google Scholar, Directory of Open Access Journal (DOAJ), Indonesian Publication Index (IPI), Science and Technology Index (SINTA), ASEAN Citation Index (ACI) and EBSCO.

JOURNAL CITATION

Articles of the Nurse Media Journal of Nursing has so far been cited in:

Google Scholar h-index / i10-index	: 11/14
Total articles published in Google Scholar	: 77 (since 2012)
Total citations in Google Scholar	: 371 (since 2012)
Total articles indexed in IPI	: 99 (since 2014)
Total articles indexed in DOAJ	: 77 (since 2015)
SINTA h-index / i10-index	: 11/10 (since 2017)
Total Citations in SINTA	: 338 (since 2017)

INDEXING AND ABSTRACTING

The Nurse Media Journal of Nursing has been covered (indexed and abstracted) by the following indexing services:

- Google Scholar;
(<https://scholar.google.co.id/citations?user=G6nEgkAAAAJ&hl=en>)
- Portal Garuda/Indonesian Publication Index (IPI);
(<http://id.portalgaruda.org/?ref=browse&mod=viewjournal&journal=1284>)
- Indonesian Scientific Journal Database (ISJD)
(<http://isjd.pdii.lipi.go.id/index.php/Direktori-Jurnal.html>)
- Directory of Open Access Journal (DOAJ).
(<https://doaj.org/toc/2406-8799>)
- Science and Technology Index (SINTA Score=S2)
(<http://sinta2.ristekdikti.go.id/journals/detail?id=914>)
- ASEAN Citation Index (ACI)
(<http://www.asean-cites.org/index.php?r=contents%2Findex&id=9>)
- EBSCO
(<https://www.ebscohost.com>)

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PREFACE

The Nurse Media Journal of Nursing (E-ISSN: 2406-8799, P-ISSN: 2087-7811) is an open access international journal which publishes the scientific works for nurse practitioners and researchers. The journal is published by the Department of Nursing, Faculty of Medicine, Diponegoro University and strives to provide the most current and best research in the field of nursing. The journal has been indexed in the Google Scholar, Portal Garuda/Indonesian Publication Index (IPI), Indonesian Scientific Journal Database (ISJD), Directory of Open Access Journal (DOAJ), Science and Technology Index (Sinta), ASEAN Citation Index (ACI) and EBSCO. NMJN has applied for indexation in Scopus and is currently under review.

It is also with pleasure to inform you that the Nurse Media Journal of Nursing (NMJN), has received accreditation from the Directorate General of Research Strengthening and Development, the Indonesian Ministry of Research, Technology and Higher Education. This accreditation is based on the decree number 60/E/KPT/2016 dated on 13 November 2016 and will be valid until November 2021. Upon this achievement, the NMJN would like to thank all people (the NMJN editorial team, reviewers, authors) who have given their support and contribution in achieving this accreditation.

This issue (NMJN, Vol 8(2), 2018) has published seven articles, consisting of four original research articles, a case study and two integrative reviews. This issue was authored and co-authored by the researchers and professionals from diverse countries, including Indonesia, Philippines, Japan, Saudi Arabia, Australia and USA. All papers have been doubled-blindly reviewed by the editors and reviewers of this journal.

The first article describes a cross-sectional study conducted by Abalos-Fabia, Khadrawi and Ellasus (2018). The study was a survey to 104 healthcare providers (HCPs) assessing the cultural diversity experience, cultural competence behavior (CCB) and cultural awareness and sensitivity (CAS) of HCPs in a hospital setting of Saudi Arabia. The results showed that there were high cultural competence and moderately high cultural awareness and sensitivity among health care providers. Significant differences were only identified between CCB scores and three demographic variables (racial/ethnic identification, the area of discipline and years of experience). No significant result was found between CAS scores and demographic variables as well as between CCB and CAS scores.

The next article is a quasi-experimental study investigating the effects of progressive muscle relaxation with music and aromatherapy on decreasing the level of stress among teachers (Dewi, Margawati & Mu'in, 2018). Forty-six teachers were evenly assigned to the intervention group and the control group. The intervention group received progressive muscle relaxation with music and aromatherapy for four sessions in four days; each lasted for 20 minutes. The result showed that there were significant differences in the stress levels between the intervention and the control group. Therefore, this intervention could reduce the level of stress among teachers.

The third article (Arisudhana, Sodro, & Sujianto, 2018) is a correlational study which examined antiretroviral side effects on adherence in people living with HIV/AIDS (PLWHA). Data were obtained from patients' reports and pill count adherence rate. The result of this study revealed that the side effects of antiretroviral therapy influenced the antiretroviral adherence. In addition, nausea and dizziness were the most of the side effects of antiretroviral reported by participants.

Another quasi-experimental study was also conducted by Novelia, Sitanggang and Yulianti (2018). This study aimed to examine the effects of yoga relaxation on anxiety levels among pregnant women at the third trimester and involved 30 pregnant women. The result showed that there was a significant difference in the anxiety levels after the intervention between the experimental and control group. Hence, yoga relaxation had an effect on reducing anxiety levels among pregnant women at the third trimester.

The fifth article is authored by Kashiwagi (2018). This research was a case study of a 80-year-old man who developed acute myocardial infarction and aimed to study the development of myocardial infarction during the chemotherapy of colorectal cancer. Based on this study, it was thought that cetuximab + FOLFIRI synergistically induced hyper thrombogenicity, coronary plaque erosion, and acute myocardial infarction on the patient. The study urges the importance of doing such interventions as monitoring the risks in daily living by the medical care providers and guidance on risk avoidance behaviors.

The next article is conducted by Panes, Tuppal, Reñosa, Baua, and Vega (2018). This study is a meta-synthesis which explored the family experiences of mental illness. Five qualitative studies and one thesis dissertation published between 2001-2016 were used in the study. The grand theme in this study was family empowerment with three sub-themes perceived effects: emulating the burden and loss, process of coping, and perspectives on family empowerment. Therefore, empowering family to appreciate, acknowledge, and affirm the wholeness of a family member with mental illness is very important.

The last article is an integrative review examining the factors which influence fatigue among nurses employed in a hospital setting (Alahmadi & Alharbi, 2018). The result of this review revealed that the nurse fatigue was influenced by organizational factors, nursing work characteristics, psychosocial factors as well as individual characteristics and demand. It is recommended that healthcare organizations and policymaker develop strategies that mitigate fatigue among nurses.

Finally, the NJMN would like to thank the respectful authors, reviewers, and editors for their contribution and collaboration in publishing this current issue. Furthermore, the editors would like to appreciate and call for academic papers from the nurse-practitioners, academicians, professionals, graduates and undergraduate students, fellows, and associates pursuing research throughout the world to contribute to this international journal.

Semarang, December 2018

Sri Padma Sari

Editor-in-Chief
The Nurse Media Journal of Nursing