Nurse Media

OF



Volume 10, Number 1 Year 2020, April 2020

Articles

JOURNAL

- Mental Distress in Rural Areas of Indonesia
- The Application of Acceptance Commitment Therapy (ACT) and Family Psychoeducation
 (FPE) to Clients with Scizophrenia and Aggressive Behavior

NURSING

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Accredited by the Ministry of Research, Technology and Higher Education, Republic of Indonesia, No. 60/E/KPT/2016

Published by

Department of Nursing Faculty of Medicine Diponegoro University Semarang, Indonesia Available online at http://ejournal.undip.ac.id/index.php/medianers

JOURNAL OF NURSING 10 1 2020 1 - 106 2087-7811	NURSE MEDIA	VOLUME	NUMBER	YEAR	PAGES	ISSN
	JOURNAL OF NURSING	10	1	2020	1 - 106	2087-7811

e-ISSN: 2406-8799 p-ISSN: 2087-7811

Nurse Media Journal of Nursing

Volume 10 Number 1 Year 2020

Accredited by

Indonesian Ministry of Research, Technology and Higher Education (Decree No: 60/E/KPT/2016)

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AIMS AND SCOPE

The Nurse Media Journal of Nursing (NMJN) is an international nursing journal which publishes scientific works for nurses, academics and practitioners. NMJN welcomes and invites original and relevant research articles in nursing as well as literature reviews and case reports particularly in nursing.

This journal encompasses original research articles, review articles, and case studies, including:

- Adult nursing
- Emergency nursing
- Gerontological nursing
- Community nursing
- Mental health nursing
- Pediatric nursing
- Maternity nursing
- Nursing leadership and management
- Complementary and Alternative Medicine (CAM) in nursing
- Education in nursing

PUBLICATION INFORMATION

The Nurse Media Journal of Nursing (NMJN) is published three time a year, every April, August and December.

For year 2020, 3 issues (Volume 10, Number 1 (April), Number 2 (August), and Number 3 (December) are scheduled for publication.

The NMJN is published by the Department of Nursing, Faculty of Medicine, Diponegoro University and available at http://ejournal.undip.ac.id/index.php/medianers.

JOURNAL CITATION

Articles of the Nurse Media Journal of Nursing have so far been cited in:

Google Scholar h-index / i10-index	: 14/20
Total articles published in Google Scholar	: 124 (since 2012)
Total citations in Google Scholar	: 632 (since 2012)
Total articles indexed in GARUDA	: 135 (since 2011)
Total articles indexed in DOAJ	: 152 (since 2015)
SINTA h-index / i10-index	: 14/12 (since 2017)
Total Citations in SINTA	: 632 (since 2017)



INDEXING AND ABSTRACTING

The Nurse Media Journal of Nursing has been covered (indexed and abstracted) by the following indexing services:

- Scopus (submission accepted on 20 April 2020); (https://www.scopus.com/)
- Google Scholar; (https://scholar.google.co.id/citations?user=Gs6nEgkAAAAJ&hl=en)
- Portal Garuda/Indonesian Publication Index (IPI); (http://id.portalgaruda.org/?ref=browse&mod=viewjournal&journal=1284)
- Indonesian Scientific Journal Database (ISJD) (http://isjd.pdii.lipi.go.id/index.php/Direktori-Jurnal.html)
- Directory of Open Access Journal (DOAJ). (https://doaj.org/toc/2406-8799?)
- Science and Technology Index (SINTA Score=S2) (http://sinta2.ristekdikti.go.id/journals/detail?id=914)
- ASEAN Citation Index (https://www.asean-cites.org/index.php?r=contents%2Findex&id=9)
- EBSCO (https://atoz.ebsco.com)
- Garba Rujukan Digital (GARUDA) (http://garuda.ristekdikti.go.id/journal/view/1284)
- SHERPA/ROMEO (http://sherpa.ac.uk/romeo/search.php?issn=2087-7811)
- WORLDCAT (https://www.worldcat.org/search?q=so%3A%22NURSE+MEDIA%22&qt=resul ts_page)
- Microsoft Academic (https://academic.microsoft.com/journal/2764736586)
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PREFACE

The Nurse Media Journal of Nursing (e-ISSN: 2406-8799, p-ISSN: 2087-7811) is an open access international journal that publishes the scientific works for nurse practitioners and researchers. The journal is published by the Department of Nursing, Faculty of Medicine, Diponegoro University and strives to provide the most current and best research in the field of nursing. The journal has been indexed in the Google Scholar, Portal Garuda/Indonesian Publication Index (IPI), Indonesian Scientific Journal Database (ISJD), Directory of Open Access Journal (DOAJ), and Science and Technology Index (Sinta).

It is also with pleasure to inform you that the Nurse Media Journal of Nursing (NMJN) has been accepted to be included in the Scopus Database. Upon this achievement, the NMJN would like to thank all people (the NMJN editorial team, reviewers, authors) who have given their support and contribution to achieving this success. Starting from 2020, NMJN will publish three issues a year (April, August and December).

This issue (NJMN, Vol 10(1), 2020) has published ten articles, consisting of nine research articles and one case study. This issue was authored and co-authored by the researchers and professionals from diverse countries, including Indonesia, Philippines, Saudi Arabia, and the United Kingdom. All papers have been doubled-blindly reviewed by the editors and reviewers of this journal.

Saifullah et al. (2020) conducted a descriptive cross-sectional study to identify the population's status and related factors of mental distress in rural areas in Indonesia among 872 residents. The prevalence of mental distress was 6%, which was lower than that of the national level. The correlated factors of mental distress were age, gender, occupation, housing dimension, and illness status. Therefore, future mental health programs may be focused on improving mental health on the elderly, male, vulnerable workers, overcrowded housing, and people with a chronic illness.

Buanasari, Keliat, and Susanti (2020) investigated the effectiveness of acceptance and commitment therapy (ACT) and family psychoeducation (FPE). This study used the Stuart Stress-Adaptation Model to conduct a case study of four clients with schizophrenia and aggressive behaviour for six weeks. After the intervention, the clients showed to have better symptoms of aggressive behavior in cognitive, affective, physiological, behavioral, and social aspects and increased ability to control anger, to accept their problems, and to commit to the therapy. Hence, ACT and FPE could be implemented to decrease the symptoms of aggressive behavior and increase the ability to control anger on clients with schizophrenia.

Tauba, Suryani, and Rafiyah (2020) conducted a qualitative study on exploring and gaining deeper meaning from the lived experiences of the Lombok earthquake survivors. Six themes have emerged on this study, including problems solving skills when disaster strikes, surviving from the limitations and difficulties, feeling accustomed to an earthquake, the family is a key source of strength to continue life, getting closer to God by doing religious prayers and actions to have peace of mind, and learning from the disasters to become a better human being.

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Julianti and Elni (2020) examined the determinant factors of stunting in children aged 12-59 months. A total of 205 respondents were recruited using a consecutive sampling technique. This study showed that there is a relationship between exclusive breastfeeding history, the history of infection, and the eating habits of children with stunting. This study suggested that the peer group community could prevent and overcome stunting and improve the nutritional status and optimal development of the children.

Oducado, Sotelo, Ramirez, Habaña, and Belo-Delariarte (2020) employed a retrospective descriptive correlational study that aimed to examine the influence of English language proficiency on the academic performance of 141 nursing students in professional nursing courses and the Nurse Licensure Examination(NLE). Findings showed that there were significant correlations between academic performance and the Verbal Ability subscale of the Nursing Aptitude Test and the three English courses included in the nursing curriculum. Nursing schools should ensure that approaches in improving students' English language proficiency must be well integrated into the undergraduate nursing program.

Amilia and Nurmalia (2020) investigated differences in patient safety competencies between the classroom and clinical settings among 181 nursing students in Indonesia. Nursing students showed a higher patient safety competencies in the classroom setting than in the clinical setting. This study recommended a further investigation on the factors that increase the achievement of patient safety competence among nursing students in the clinical setting.

Baker and Alghamdi (2020) conducted a cross-sectional study to evaluate the relationship between nurses' experiences using Casey-Fink Graduate Nurse Experience Survey and the number of preceptors in Saudi hospitals. No statistically significant relationship was found between those variables. This study found that 33.8% of nurses had stress, whereas significant causes of stress were student loans, personal relationships, living situations, and finances.

Sinaga, Purwarini, and Anggraeni (2020) employed a descriptive qualitative study to explore the experiences of mothers with Intrauterine Fetal Death/Demise (IUFD) in Indonesia. The results showed four major themes, including the mothers' response to a loss such as painful and traumatic experience; moral support received by mother; negative behavior from others such as stigma and lack of support; and physical and psychological changes that interfere with the role as wife and mother. The health professional must integrate therapeutic communication and support for mothers with IUFD.

Furthermore, Sujianto, Billy, and Margawati (2020) conducted descriptive phenomenology to explore the experiences of ten famililes of colorectal cancer patients toward colostomy nursing care. Three themes emerged in this study, including positive and negative behavior in nursing care, living with a colostomy, and expectations for nursing care. The study showed that the colostomy nursing care still needs to be improved.

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Finally, the NJMN would like to thank the respectful authors, reviewers, and editors for their contribution and collaboration in publishing this current issue. Furthermore, the editors would like to appreciate and call for academic papers from the nurse-practitioners, academicians, professionals, graduates and undergraduate students, fellows, and associates pursuing research throughout the world to contribute to this international journal.

Semarang, April 2020 Sri Padma Sari

Editor-in-Chief The Nurse Media Journal of Nursing