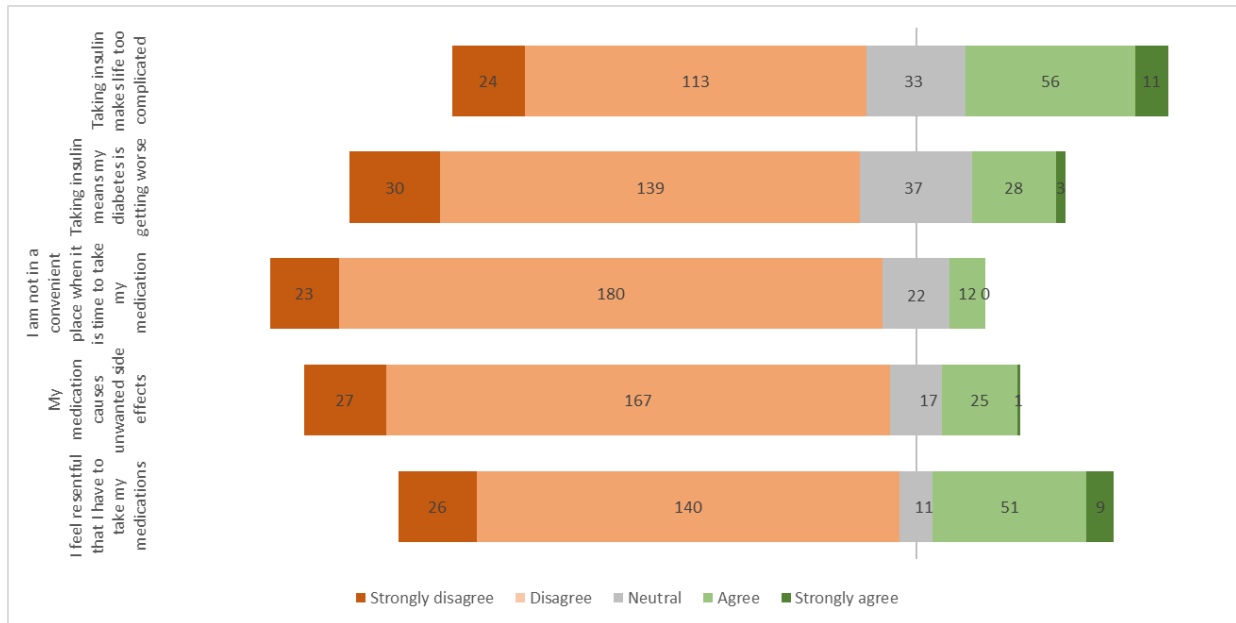


## Supplementary Materials

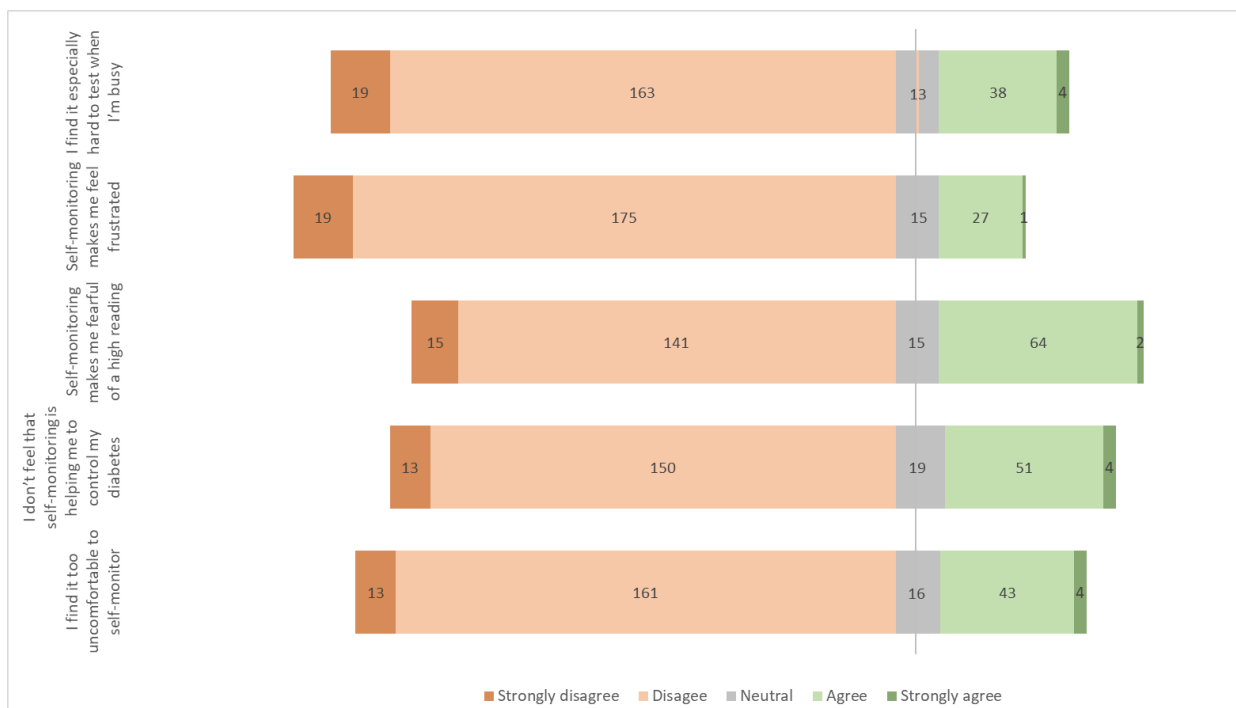
### Supplementary Figures S1–S8: Item-Level Responses for Diabetes Obstacles Questionnaire (DOQ) Domains

#### Related to:

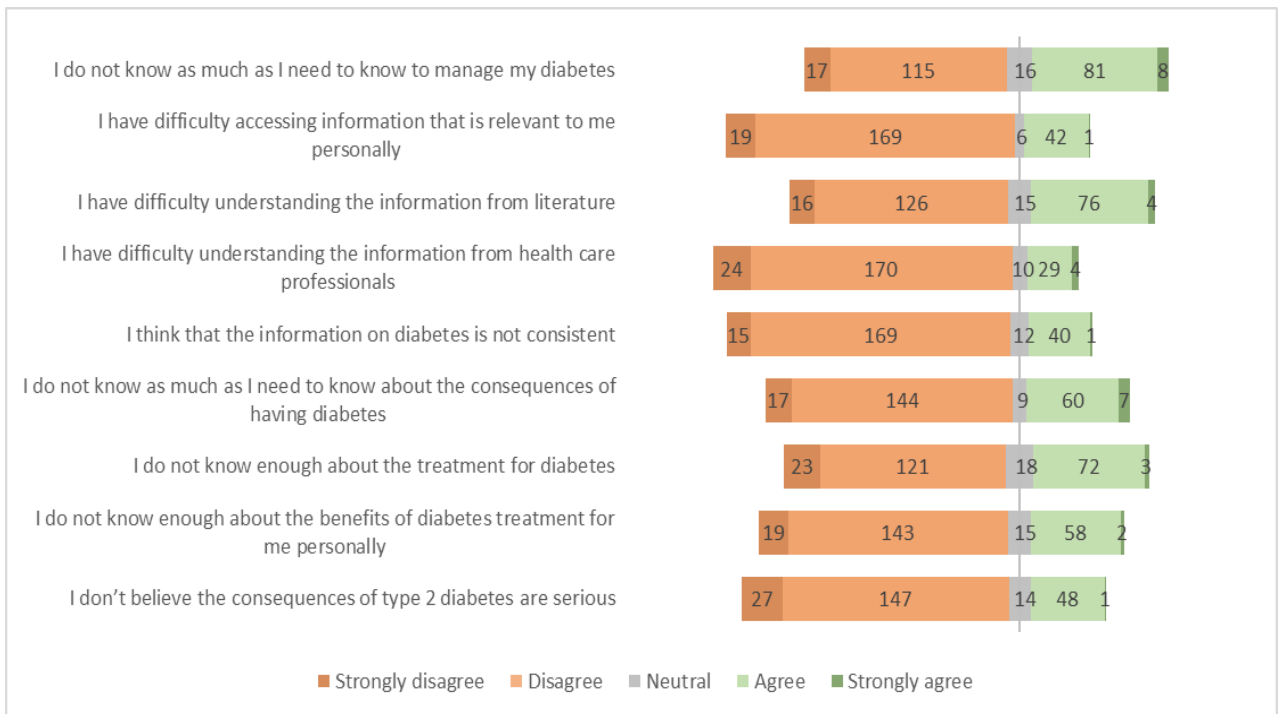
Kusumaningrum, N. S. D., Handayani, F., Cahyani, Z. R., Nilamsari, N. S., Utomo, E. B., Puspitasari, M.A, & Lusiana, K. (2026). Perceived obstacles to diabetes care and self-management and their sociodemographic correlates among adults in Central Java, Indonesia. *Nurse Media Journal of Nursing*, 16(1), 158–170. <https://doi.org/10.14710/nmjn.v16i1.69749>



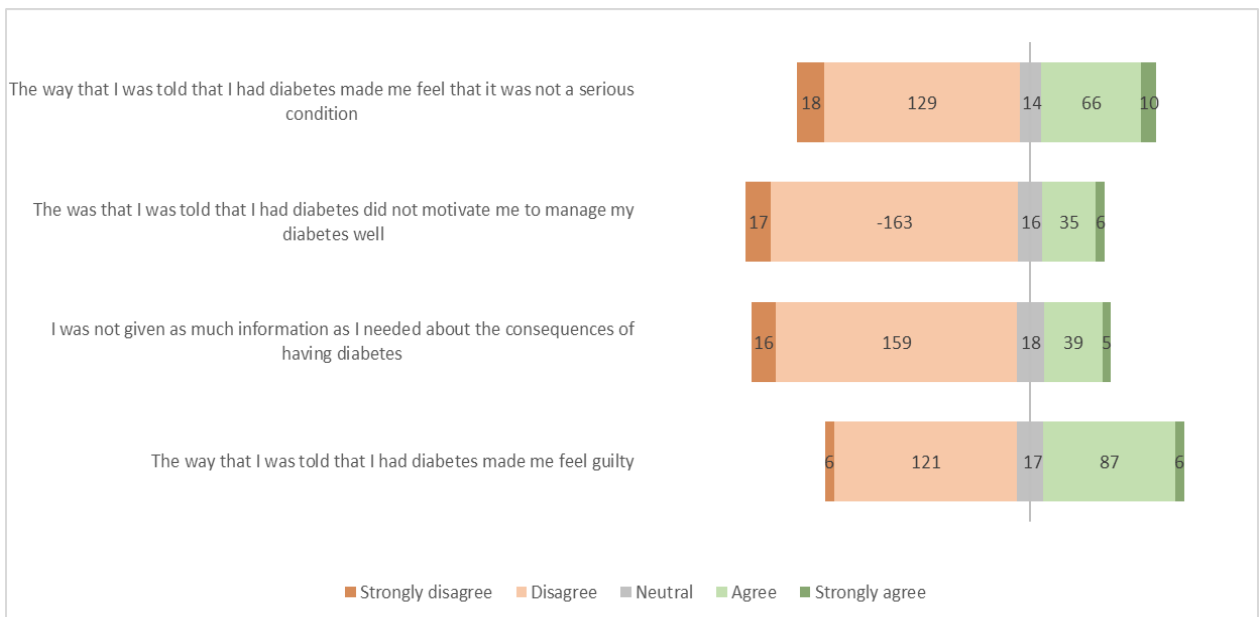
**Figure S1.** Item-level responses for obstacles in the medication domain



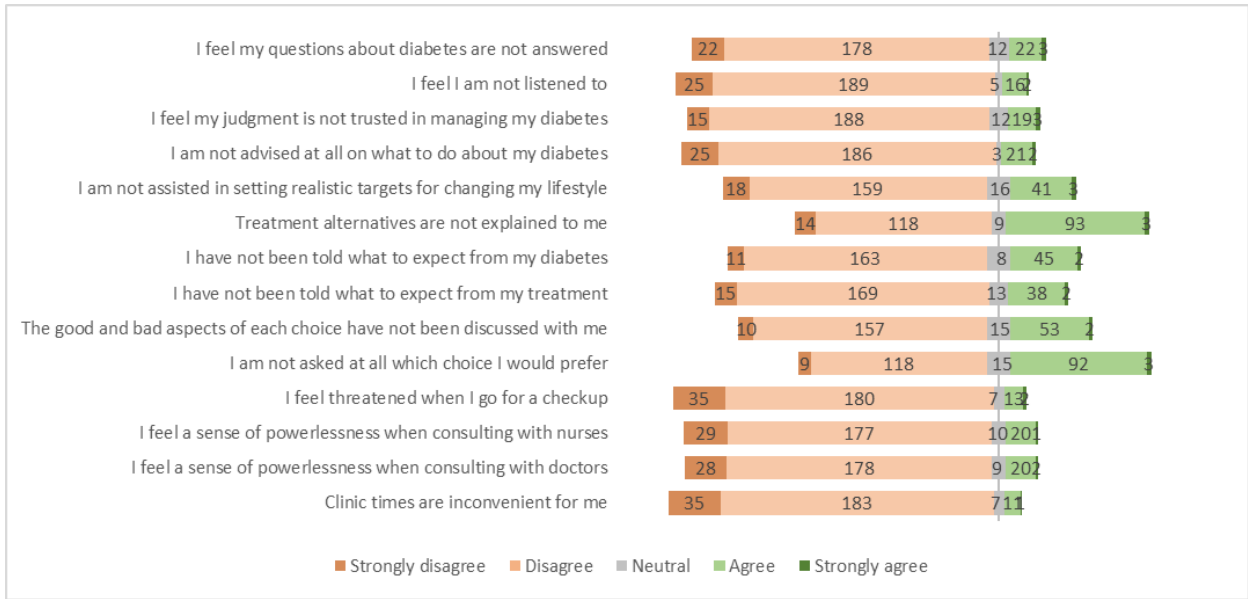
**Figure S2.** Item-level responses for obstacles in the self-monitoring domain



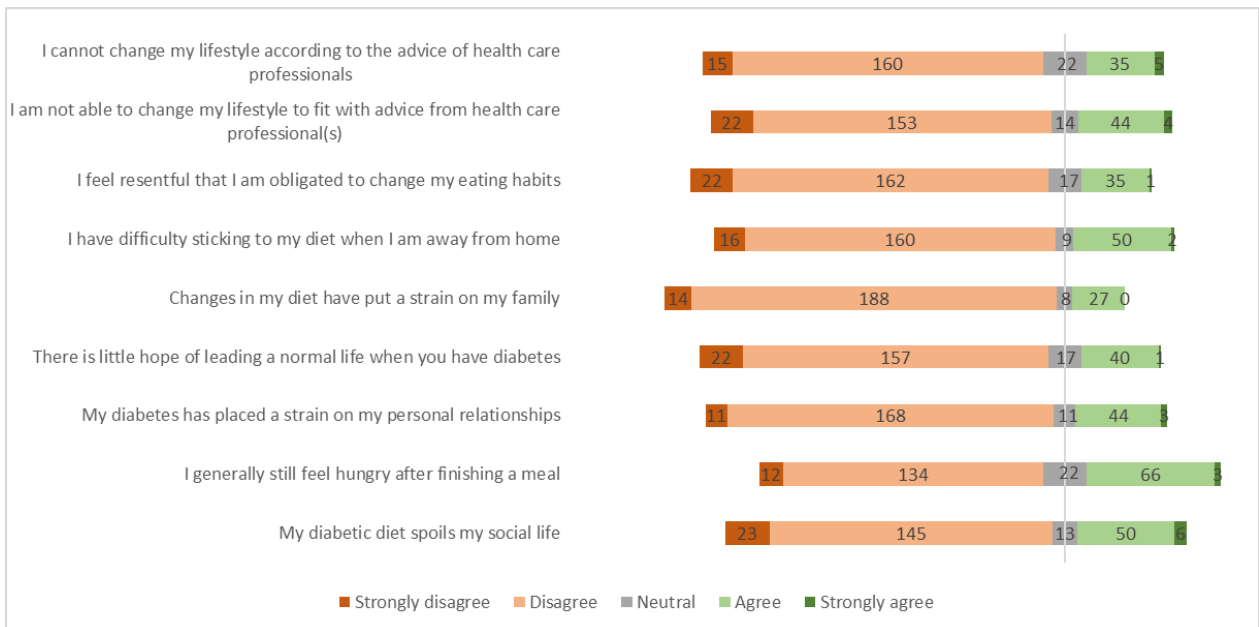
**Figure S3.** Item-level responses for obstacles in the knowledge and beliefs domain



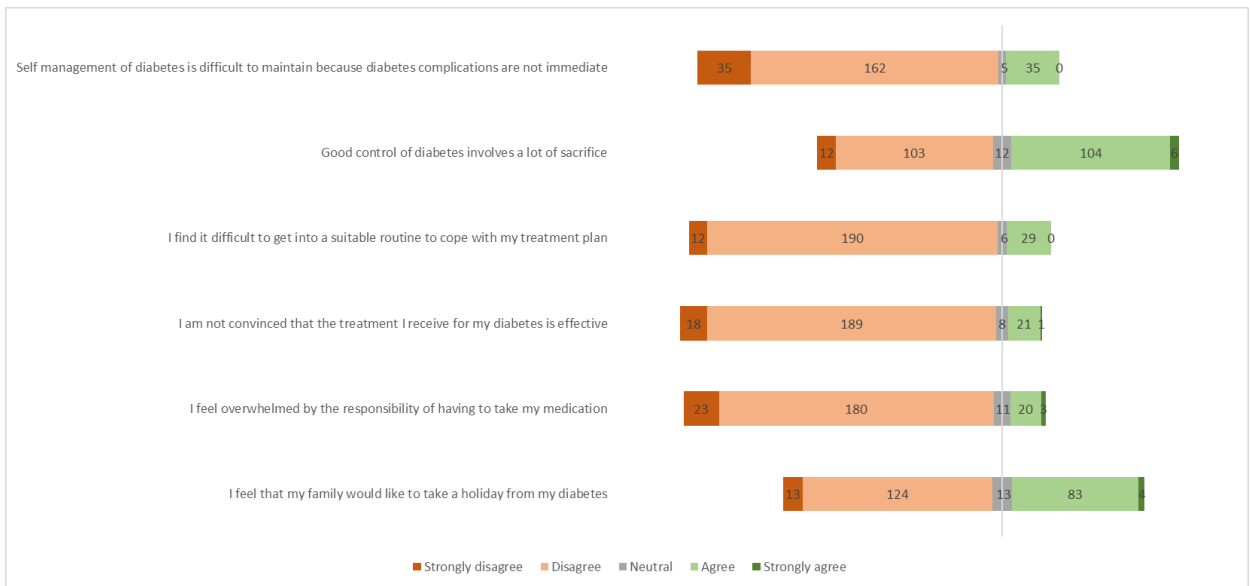
**Figure S4.** Item-level responses for obstacles in the diagnosis domain



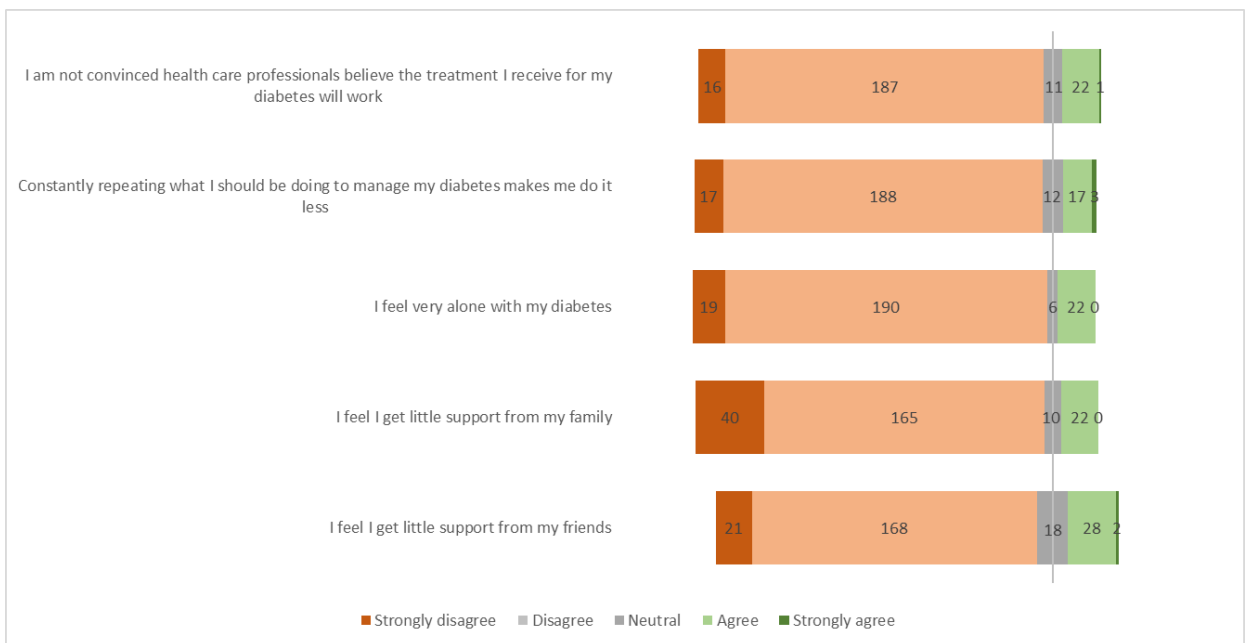
**Figure S5.** Item-level responses for obstacles in the relationships with the healthcare professional domain



**Figure S6.** Item-level responses for obstacles in the lifestyle changes domain



**Figure S7.** Item-level responses for obstacles in the coping with diabetes domain



**Figure S8.** Item-level responses for obstacles in the advice and support domain