ADAPTATION OF TEACHER'S RELATIONAL COMPETENCE SCALE IN THE CONTEXT OF TEACHERS OF GUIDANCE AND COUNSELING

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Abstract

This research aims to adapt the teacher relational competence scale by Vidmar and Kerman (2016) to the Indonesian language and culture, especially in the context of guidance and counseling teachers. The adaptation process has used the International Test Commission Guidelines. This adaptation involves 276 subjects with criteria: guidance and counseling teachers with a minimum working period of 5 years and who have attended professional teacher education (*Pendidikan Profesi Guru*). There are four research instruments, namely TRCS, linguist evaluation form, content expert evaluation form, and pilot study assessment form. The data analysis technique uses content analysis and constructs analysis. Content analysis has used the content validity index (CVI), while construct analysis has used confirmatory factor analysis (CFA) with AMOS version 22. Reliability test based on homogeneity (internal consistency) using Cronbach's Alpha coefficient. The analysis of evidence based on test content contained ten items with a mean score of 0.60. The results of the evidence-based construct analysis using CFA obtained 17 items with a loading factor > .50. The reliability coefficient with Cronbach's alpha is .933. So that in the future, only 17 items will be used as a measure of the Indonesian version of the Relational Competence Scale for guidance and counseling teachers.

Keywords: psychological scale adaptation; relational skills; teacher guidance and counseling; teachers' relational competence scale

INTRODUCTION

Nordenbo et al. (2008) described that competent teachers consist of three subcategories, which can establish relationships and interact with various parties to encourage optimal student development. The categories are relational competence, leadership competence, and didactic competence (Melo et al., 2020; Monica et al., 2022; Moody, 2022; Torres et al., 2021). Relational competence, which is the focus of this research, is a professional approach that focuses on the teacher's ability to overcome and develop interpersonal relationships with students (Aspelin & Jonsson, 2019; Ewe, 2020; Ewe & Aspelin, 2022). In another context, relational skills are the ability to act with understanding towards people, which are influenced by the knowledge of oneself and others. Relational skills were first studied in the context of relationships peer and romantic relationships (Adamczyk & Pilarska, 2012;

Niederberger et al., 2013). This study examines relational skills in the context of education (Pauget & Cabrol, 2013; Pung et al., 2021; Thijssen et al., 2022). Relational skills are defined as an individual's ability to relate to others with full openness and respect, show empathy, and be responsible for the relationship. Relational skills consist of three dimensions, namely respect for authenticity, individuality. and responsibility. In the context of learning, relational skills are defined as the ability of teachers to relate to students in learning that reflects positive, supportive relationships and provides encouragement to move forward (Aspelin & Jonsson, 2019; Borremans & Spilt, 2022; Carter et al., 2011; Jensen et al., 2015; Juul & Jensen, 2017; Vidmar & Kerman, 2016).

Refers to the thoughts of Juul & Jensen (2017), Vidmar & Kerman (2016) has developed a relational skills scale based on five sub-dimensions, namely (1) context (relational competence in assessing interactions in guidance and counseling services); (2) respect (respect for the experiences of others in various perspectives; (3) change in perspective (change perspectives based on the other person's point of view); (4) empathy (recognition ability and understand other people's feeling); and (5) caring and presence of mind.

Based on the concept of relational competence, Vidmar & Kerman (2016) developed a relational competency measuring tool, namely the Teacher's Relational Competence Scale (TCRS). This scale is based on three dimensions, namely, respect for individuality, authenticity, and responsibility for the relationship. This scale is a Likert scale with a 5-point response (never, rarely, sometimes, never, and often), consisting of 33 items with an internal consistency of .76. This scale is intended for teachers to measure the teacher's relational skills with colleagues and students. However, this scale is not yet available in the Indonesian version in the context of guidance and counseling teachers in Indonesia (Veldin & Vidmar, 2019).

METHOD

This study used a quantitative approach with the ex-post facto method. This study involved guidance and counseling teachers in East Java, with a total population of 666 guidance and counseling junior high school (BK SMP) teachers. The sampling technique used in this research is multi-stage random sampling. There are three stages of sampling, namely, cluster sampling, random sampling, and purposive sampling (Taherdoost, 2016). The cluster sampling stage is divided into four groups based on the educational hierarchy cluster (Andini, 2017). The second stage, random sampling, selects districts randomly as representatives of each group (Table 1). The third stage, purposive sampling, selects samples in each selected district based on the criteria, namely; (1) a junior high school guidance and counseling teacher, (2) a minimum of 5 years experience as a guidance and counseling teacher, (3) a minimum educational background of S-1 Guidance and Counseling/Psychology, (4) has passed the and Counseling Guidance Teacher certification/PLPG/PPG; (5) have and additional positions other than as a guidance and counseling teacher.

Table 1.

Cluster	District/City	Characteristics	Selected District	
Group 1	Surabaya city, Malang city, Probolinggo city,	Has a fairly high number of	Malang City,	
	Gresik district, Mojokerto district, Jombang	graduates, student-teacher	Lamongan	
	district, Bojonegoro district, Lamongan district,	ratio, APK and APM at a	District	
	Ngawi district, Magetan district, Pacitan district,	high level		
	Nganjuk district, Tulungagung district,			
	Trenggalek district, dan Lumajang district			
Group 2	Madiun City, Kediri City, Mojokerto City, Blitar	Has the highest graduate	Madiun City	
	City, Pasuruan City, Batu City, dan Ponorogo	rate, student-to-school		
	District	ratio, APK, and APM		
Group 3	Sidoarjo District, Tuban District, Madiun	Have a high student-to-	Malang	
	District, Kediri District, Blitar District, Malang	teacher ratio	District,	
	District, Pasuruan District, Jember District, dan		Banyuwangi	
	Banyuwangi District.		District	
Group 4	Probolinggo District, Bondowoso District,	Has the highest dropout	Sumenep	
	Situbondo District, Pamekasan District, Sampang	rate and repeat rate	District	
	District, Sumenep District, dan Bangkalan			
	District			

(Andini, 2017)

The number of subjects was based on Cohen's Statistical Power Analysis (Kyriazos, 2018). This approach is the most popular approach to date. This analysis aims to calculate a representative sample and avoid unexpected conclusions. This sampling analysis is most commonly used in behavioral research (Kang, 2021). The subject size was determined with a significance level of alpha .05, an effect size value of .20, and a power value $(1-\beta)$. The alpha significance value of .05 means the probability of error in rejecting the null hypothesis is .05. The effect size indicates the extent to which the null hypothesis is false, and G power gives an effect size conversion measure of 0.20 as between small and medium (Ellis, 2010; Ko & Lim, 2021; Kyriazos, 2018). Based on the calculation of strength, it shows that the sample is at least 150. Based on the results of random data collection using a google form, a sample of 275 is obtained.

This study refers to the International Test Commission (ITC) Guidelines for Translating and Adapting Test Second Edition (Lau et al., 2017; Leong et al., 2016), which consists of five stages, namely pre-condition, test development, confirmation, administration, and documentation. The adaptation stages are shown in Figure 1. The adaptation stages are as follows:

- 1. Pre-condition stage. The steps in this precondition stage include: (1) The researcher contacted the previous measuring instrument developer Vidmar (2016), to obtain a permit to use the measuring instrument.
- Test development stage. The steps include:

 Carry out the forward translation process with two experts.
 The process of synthesizing forward translation result 1 and 2.
 Translate forward results into the original language (English), backward translation.
 The synthesis process results backward 1 and backward 2.
- 3. Confirmation. This stage is evidence-based on content and evidence-based on structure. The first evidence based on

content, an assessment of the level of comparability and similarity between the original measuring instrument and the results of the backward translation, was carried out by three linguists. psychologists, and guidance and counseling experts. The assessment results of the level of comparability and similarity of items from five experts then calculated the mean score of each item. According to Sperber (2004), the equivalent items are items with a mean score of < 4. This study, using a scale of 1-5, with a mean score > 3, it has good comparability and similarity so that it can be compared and has the same meaning as the original version. Furthermore, the second content review was assessed on the levels of relevance. importance, and clarity by six experts. Evidence-based on structure pilot testing was conducted by inviting ten guidance and counseling teachers. The purpose of pilot testing is to fill out and provide feedback on the relational skills scale.

- 4. Administration. At this stage, a trial of the relational skills scale was carried out on 275 BK teachers. The goal is to measure whether the scale developed is in with construct and accordance the empirical data. This validity requires statistical analysis techniques (Ogbodo-Adoga, 2020; Taylor, 2013; Yusoff, 2019). This study used confirmatory factor analysis (CFA). In addition, this study uses the help of Amos version 22 software. CFA analysis is used to test whether these indicators are valid as a measure of latent constructs (Prudon, 2015). CFA analysis is used to see the fit of the relational skills measurement model. The criteria for determining the fit of the model are shown in Table 2.
- 5. Documentation. At this stage, the report preparation process is carried out based on the adaptation stages starting from the translation stage to the confirmatory stage of factor analysis. Furthermore, compiling and laying out measuring instruments whose validity has been tested.



Figure 1. Stages of adaptation according to the ITC Guidelines

Tab	le 2.				
Blueprint TRCS					
No	Dimension	Item Number	Total Items		
1.	Responsibility for the	1, 5, 7, 12, 13, 17, 18, 24,	12		
	Relationship	26, 30, 31, 32			
2.	Authenticity	3, 4, 6, 9, 16, 19, 20, 21,	12		
		23, 25, 29, 33			
3.	Respect for	2, 8, 10, 11, 14, 15, 22, 27,	9		
	Individuality	28			
		Total Item	33		

Research Instruments

- 1. Teacher's Relational Competence Scale (TRCS); this scale was developed by Vidmar and Kenmar (2016), consisting of 33 items from five dimensions, namely respect for individuality, authenticity, and responsibility for the relationship. The scale has four response options with a range of 1 (never), 2 (rarely), 3 (sometimes), and 4 (often). The higher the individual's TRCS score, the higher their relational skills.
- 2. Expert Evaluation Form; expert evaluation is done by filling out an evaluation form from the similarity and comparability aspects of the linguist and the relevance, importance, and clarity aspects of the content expert. The expert's role, in this

case, is to rate the items based on the level of relevance, importance, and clarity, with a score range of 1–4. A score of 1 means very irrelevant, not important, and unclear, while a score of 4 means very relevant, very important, and very clear. Relevancy is the extent to which the item is relevant to the construct being measured. Importance means how important the item is when associated with the research construct and context. Clarity is whether the item is clear enough and can be understood.

3. Evaluation Form of Scale Pilot Test; the pilot study assessment was conducted to see whether the statement items matched the measuring construct. Respondents filled out measuring instruments and gave assessments based on aspects of relevance and clarity to the items of the scale, as well as providing written input, as a consideration for researchers to revise the adapted scale.

Data Analysis

The data analysis used in this study is a data analysis technique used to see the validity of the relational competency measurement scale using content validity, face validity, and construct validity. Content validity and face validity as analyzed using the percentage agreement content validity index (CVI), while construct validity was analyzed using confirmatory factor analysis (CFA) with AMOS 22. Reliability test using the alpha Cronbach approach. According to Hair et al. (2019), the coefficient of Cronbach Alpha value must be greater than .70, although the minimum acceptable value is .60, and a value of .60 from .80, then reliability is considered good (Polit et al., 2007; Polit & Beck, 2006). In this study, the reliability test used Cronbach Alpha with the help of SPSS 22.

RESULT AND DISCUSSION

The items on teacher relational competence scale are in accordance with their dimensions and constructs. The results of the reviews from the three reviewers can be concluded that some sentences are too long, as in item 18 "Saya tidak tersinggung dengan perilaku atau yang pernyataan siswa tidak pantas/menyinggung, Saya menganggapnya sebagai ekspresi ketidakseimbangan antara siswa dan diri saya/lingkungan" (I am not offended by the inappropriate behavior or statements of students. I consider it as an expression of the imbalance between students and myself/the environment). The sentence is substantially good, but the use of a slash (/) has a different meaning, so it is necessary to choose only one word. Next, item 28 "Saya sadar bahwa setiap siswa memiliki caranya sendiri dalam berpikir dan bertindak, jadi saya mencoba menyesuaikan perilaku saya dengan baik". The use of conjunctions in this item is not appropriate, resulting in ambiguous meaning. Better change it to "saya sadar bahwa setiap siswa memiliki caranya

sendiri dalam berfikir dan bertindak, sehingga saya mencoba menyesuaikan perilaku saya dengan tepat" (I am aware that each student has their own way of thinking and acting, so I try to adjust my behavior appropriately).

The evaluation of the language expert reviewers shows that the results of the calculation of the mean score comparability and similarity are between 5.66–7.00. Meanwhile, items that have a mean score of 6.00 will be revised. The items are 2, 7, 9, 10, 12, 21, 28, 29, 31, and 32. The next ten items were revised in terms of language and substance of the statement associated with the construct.

Furthermore, the results of the content expert reviewer's assessment were analyzed using the I-CVI and S-CVI calculations. The percentage of CVI agreement was obtained from the number of experts who agreed to give a score of 3 and 4 divided by the total number of experts who carried out the assessment. The results of the S-CVI calculation obtained a value of .80, meaning that the scale is considered good in terms of assessing relevance, importance, and clarity. Meanwhile, the I-CVI value for the relevance aspect has a score between .83-1.00, the importance aspect is in the range of .67 - 1.00, and the clarity aspect is in the .67-1.00 range. Items that have a CVI value of .83 (referring to Polit & Beck, 2006; Polit et al., 2007) are item 6 for the three aspects (relevancy, importance, and clarity). Furthermore, item 6 is revised with regard to the substance of the construct.

Teacher's Relational Competence Scale is a multidimensional model consisting of 3 indicators with a total of 33 statement items. The three indicators are responsibility for the relationship, authenticity, and the respect for individuality. The initial model (see Figure 2) did not fit, so a modification was made to the model (see Figure 3) by removing items that had a low factor load, which was below .04. The modification results show the fit model.



Figure 2. Measurement Model of First Order Teacher's Relational Competence Scale

Table 3.

Figure 3. Measurement Model of CFA *First* Order TRC

Fit Index Measurement Model Teacher Relational Competence					
Scale					
Fit Index	Model I	Modified Models	Description		
Chi-Square	1114.899	309.975	<i>p</i> -value < .05		
	p < .001	<i>p</i> < .001			
GFI	.808	.878	Margin fit		
AGFI	.773	.839	Marginal Fit		
CFI	.818	.928	Good Fit (> .90)		
TLI	.805	.916	Good Fit (> .90)		
RMSEA	.068	.077	.0508		

There are 17 items loaded in this modified model with the lowest factor loading of .65 and the highest factor loading of .89. In detail, the value of the fit model for the measurement of relational skills is described in Table 3.

The modified result of the teacher's relational Competence Scale model shows a fit parameter model. In the modified model, the result shows a fit model of the value of *Chi*-*Square* = $309.975 \ p < .001, \ GFI = .878$, and

AGFI = .839 are included in the marginal fit category (.80 *GFI* .90), while *CFI* (.928) and *TLI* (.916) are included in the good fit category because .90 and *RMSEA* .077 have met the fit requirements because they are in the range of .05 - .08. This modified model has 17 items with the lowest loading factor .65 (one of the Responsibility items). A summary of the final selection results, in full, is presented in Table 4 and 5.

Table 4.

Loading Factor Value of Modified TRCS	5
Measurement Model	

Dimension	Item	Loading Factors	Sum of Item	
Responsibility	Item 5	.78		
for the	Item 7	.69		
relationship	Item 12	.72	6	
	Item 17	.69		
	Item 18	.65		
	Item 31	.77		
Authenticity	Item 3	.71		
	Item 19	.75		
	Item 21	.70	5	
	Item 25	.89		
	Item 29	.74		
The Respect	Item 8	.79		
for	Item 10	.78		
Individuality	Item 11	.74	6	
	Item 14	.74		
	Item 27	.74		
	Item 28	.68		
Total				

Based on Table 4, the items that meet the validity requirements are 17 items. Cronbach's alpha reliability coefficient of the teacher's relational competence scale measurement model is .906. The final selection used a confirmatory factor analysis (CFA) model, and the remaining 17 items proved to have a good model fit. The CFA model has a high model fit, all loading factors are more than .40 (Di Fabio & Gori, 2016), chi-square = 309.975 (p < .05), GFI = .878 and AGFI = 0.839 is greater than .80, CFI = .928 and TLI = .916is greater than .90 and RMSEA = .077 is in the range between .05 - .08. So that in the future only 17 items are used as a measure of the relational competence scale.

Based on the 17 valid items, the reliability test was then carried out using SPSS. The test results with Cronbach's alpha obtained a value of .906. This result shows that this measurement model has a high level of reliability (Jayanti et al., 2019; Taylor, 2013; Zohreh et al., 2015).

Table 5.

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No	Dimension	Number of items initiated	Number of items dropped	Number of items used	Item number of dropped items	Alpha Cronbach Reliability
1	Responsibility	12	6	6	[1, 13, 24, 26,	
	Relationship				50, 52]	
2	Authenticity	12	7	5	[4, 6, 9, 16, 20, 23, 33]	
3	The Respect for Individuality	9	3	6	[2, 15, 22]	
	Individuality	33	16	17		.906

CONCLUSION

The study results show that the teacher's relational competence scale with 17 items from three dimensions, namely responsibility for the relationship, authenticity, and respect for individuality, has good reliability and validity for measuring the relational abilities of counseling teachers in East Java. The 17

items have gone through the process of analysis based on evidence-based on content and analysis based on construct. In the analysis based on content, revisions have been made to several items whose sentences are too long, sentences that use conjunctions, and sentences that are not in accordance with implicit Indonesian culture. In addition, based on the readability test of the respondents (counseling teachers in Indonesia) shows that the sentences in these items need to be adapted to the context of the main tasks and functions of the counseling teacher in secondary education in East Java. This adaptation is only in the context of counseling teachers in East Java. If it is to be used in the context of counseling teachers in other regions and cultures, it needs to be adapted again.

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