

Vol. 24, No.1, April 2025

ISSN 1693-5586 (cetak)
ISSN 2302-1098 (online)



JURNAL PSIKOLOGI

JP

Vol. 24

No. 1

1-123

SEMARANG
April 2025



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JURNAL PSIKOLOGI

Volume 24, Number 1, April 2025 ISSN 1693-5586 (Print), 2302-1098 (Online)

Publisher

Faculty of Psychology, Diponegoro University

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Jurnal Psikologi (JP), ISSN (online): 2302-1098, is an open-access and peer-reviewed journal, providing a forum for publishing novel findings in the field of Psychology, both theoretically and practically. JP is published twice a year on April and October.

Address: Faculty of Psychology, Diponegoro University, Prof. Soedarto, SH Street, UNDIP Campus Tembalang, Semarang. Telephone/Fax: (024) 7460051/(024)76480688.
Homepage: <http://www.ejournal.undip.ac.id/index.php/psikologi>. *Email:* jurnalpsikologi@live.undip.ac.id

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EDITORIAL NOTE

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We are pleased to present the April 2025 issue of *Jurnal Psikologi*, featuring eight peer-reviewed articles that offer valuable insights into applied psychology in diverse contexts: developmental, educational, clinical, social and organizational domains. Each of these contributions has undergone a rigorous peer-review process and reflects the growing diversity of psychological research across various sociocultural and organizational contexts. This issue also showcases a diverse array of psychological studies, interventions, and scale validations with strong relevance to both Indonesian and global contexts. The collection reflects the ongoing effort of scholars and practitioners to address real-world issues through scientifically grounded approaches.

The issue opens with an innovative intervention study on *DITINDAK* training, aiming to enhance mothers' involvement in early childhood education. This study presents by **Ruby** with a timely and contextually grounded intervention aimed at promoting active maternal engagement in early childhood education. *DITINDAK*, an acronym derived from the Indonesian phrase *mendidik tidak mendadak* ("educating is not done suddenly"), emphasizes the importance of consistent, process-oriented parenting practices. The findings not only underscore the potential of culturally rooted, structured parenting programs in enhancing early education outcomes but also highlight the need for tailored approaches that consider occupational differences among mothers.

This is followed by validation study of the *Optimism Scale* by **Desiningrum and colleagues.**, which strengthens the psychometric foundation for research on adolescent mental health in Indonesia. This study offers a rigorous psychometric evaluation of Seligman's Optimism Scale within an Indonesian adolescent population, addressing a critical gap in culturally relevant psychological assessment tools. By employing Confirmatory Factor Analysis and demonstrating strong validity and reliability across its dimensions, the study contributes significantly to future research on adolescent mental health, particularly in preventive and promotive psychological interventions.

Next, a scale adaptation study presents the Indonesian version of the *Impostor-Profile 30*, which **Yantu and colleagues.** offering early evidence for its content and cognitive validity. The meticulous adaptation process followed international guidelines, ensuring linguistic and conceptual equivalence through forward-backward translation and expert evaluations. Cognitive interviews with participants further confirmed the clarity and cultural relevance of the items, supporting its initial suitability for assessing the impostor phenomenon in Indonesian populations.

Addressing mental health access in rural areas, a mixed-methods feasibility study on mobile-based CBT by **Asril and colleagues.** highlights the potential for digital interventions among young Balinese adults. The study demonstrated significant reductions in anxiety and stress levels, alongside high usability scores for the mobile-based CBT prototype. Participant feedback also affirmed the app's relevance and accessibility,

indicating strong community acceptance and the potential for broader implementation in underserved rural settings.

From an organizational lens, **Aulia and colleagues** test the role of organizational culture and perceived support in influencing hospital employees' job satisfaction is explored using SEM analysis. The findings reveal that perceived organizational support significantly mediates the relationship between organizational culture and job satisfaction, emphasizing the importance of supportive work environments in healthcare settings.

Next study with structural equation modeling by **Sakti and colleagues**, reveals the mediating power of resilience in reducing depression among underprivileged university students, adding depth to our understanding of student well-being. The results suggest that strengthening resilience could serve as an effective strategy to buffer the negative impacts of academic and personal stressors on mental health.

We also present a qualitative study that unpacks how Indonesian workers perceive *Flexible Work Arrangements* (FWAs) by **Nuryanti and Burhan**, offering practical insights for organizations transitioning to more humane and adaptive work environments. The study underscores a strong desire among employees for greater autonomy and balance, highlighting FWAs as a key factor in enhancing job satisfaction and overall well-being.

Finally, a study of **Sabrina and Rizkillah** on families of children with neurodevelopmental disorders illustrates the crucial roles of social support and coping strategies in strengthening family resilience. The findings advocate for targeted community and policy interventions that empower families through education, emotional support, and accessible resources to navigate the challenges of caregiving.

As editors, we extend our gratitude to the authors, reviewers, and readers. We hope that this issue inspires further scholarly inquiry and contributes meaningfully to both policy and practice in psychology and community development.

Dinie Ratri Desiningrum
Editor-in-chief